

ABSTRAK

Situmorang, L. H. 2026. Hubungan *Psychological Sense of Community* dan *Psychological Well-Being* pada Mahasiswa yang Tergabung dalam Komunitas Kampus. Skripsi. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini bertujuan untuk mengetahui hubungan antara *psychological sense of community* (PSOC) dan *psychological well-being* (PWB) pada mahasiswa yang tergabung dalam komunitas kampus. Hipotesis penelitian ini adalah terdapat hubungan positif antara *psychological sense of community* dan *psychological well-being*. Penelitian ini merupakan penelitian kuantitatif korelasional. Partisipan penelitian terdiri atas 326 mahasiswa yang tergabung dalam komunitas kampus dengan teknik *convenience sampling*. Data dikumpulkan menggunakan skala *Psychological Sense of Community* berdasarkan teori McMillan dan Chavis (1986) yang telah melalui *expert judgment* serta skala *Psychological Well-Being* berdasarkan teori Ryff (1989) yang telah melalui proses *translation-back translation*. Kedua skala menunjukkan reliabilitas yang memadai ($\alpha = .750$ untuk skala PSOC dan $\alpha = .734$ untuk skala PWB). Teknik analisis data menggunakan uji korelasi *Spearman's rho* karena data tidak berdistribusi normal. Hasil analisis menunjukkan adanya hubungan positif yang signifikan dengan koefisien korelasi Spearman ($r_s = .794, p < .001$). Hasil penelitian menunjukkan bahwa semakin tinggi *psychological sense of community* yang dimiliki mahasiswa, semakin tinggi pula *psychological well-being* yang dimilikinya.

Kata kunci: *psychological sense of community*, *psychological well-being*, mahasiswa, komunitas kampus.

ABSTRACT

Situmorang, L. H. 2026. The Relationship between Psychological Sense of Community and Psychological Well-Being among Students Involved in Campus Communities. Undergraduate Thesis. Yogyakarta: Department of Psychology, Faculty of Psychology, Sanata Dharma University.

This study aimed to examine the relationship between Psychological Sense of Community (PSOC) and Psychological Well-Being (PWB) among students involved in campus communities. The hypothesis of this study was that there is a positive relationship between Psychological Sense of Community and Psychological Well-Being. This study employed a quantitative correlational design. The participants consisted of 326 students involved in campus communities, selected using a convenience sampling technique. Data were collected using a Psychological Sense of Community scale developed based on McMillan and Chavis' (1986) theory and validated through expert judgment, as well as a Psychological Well-Being scale based on Ryff's (1989) theory that had undergone translation and back-translation procedures. Both scales demonstrated adequate reliability ($\alpha = .750$ for the PSOC scale and $\alpha = .734$ for the PWB scale). Data were analyzed using Spearman's rho correlation because the data were not normally distributed. The results indicated a significant positive relationship, with a Spearman correlation coefficient of $r_s = .794$ ($p < .001$). The findings suggest that higher levels of Psychological Sense of Community are associated with higher levels of Psychological Well-Being among students.

Keywords: psychological sense of community, psychological well-being, students, campus communities