

ABSTRAK

PERBEDAAN TINGKAT PEMAHAMAN KESEHATAN REPRODUKSI SISWA LAKI-LAKI DAN PEREMPUAN DI SMA N 1 KARANGMOJO GUNUNGKIDUL

Wika Evani Kriswardani
Program Studi Bimbingan dan Konseling
Universitas Sanata Dharma
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Penelitian ini bertujuan untuk: (1) mengategorikan tingkat pemahaman kesehatan reproduksi pada siswa laki-laki; (2) mengategorikan tingkat pemahaman kesehatan reproduksi pada siswa perempuan; (3) mendeskripsikan perbedaan tingkat pemahaman kesehatan reproduksi antara siswa laki-laki dan perempuan.

Jenis penelitian ini adalah penelitian kuantitatif dengan desain penelitian komparatif dengan uji beda dan analisis deskriptif menggunakan kategorisasi. Subjek penelitian sebanyak 142 siswa kelas XI dari SMA N 1 Karangmojo. Subjek penelitian yang diambil diantaranya adalah 71 siswa laki-laki dan 71 siswa perempuan. Instrumen penelitian menggunakan skala likert sebanyak 41 pernyataan dan 4 alternatif jawaban. Penelitian dilakukan secara langsung melalui *google form*. Uji validitas menunjukan 36 dari 41 pernyataan valid dan uji reliabilitas termasuk pada kategori tinggi. Uji perbedaan pemahaman dilakukan menggunakan Uji *Mann-Whitney* untuk mengetahui perbedaan pemahaman kesehatan reproduksi siswa laki-laki dan perempuan. Sedangkan analisis deskriptif untuk mengategorisasikan tingkat pemahaman siswa laki-laki dan perempuan.

Hasil penelitian diperoleh; 1) berdasarkan hasil statistik deskriptif diperoleh 57 siswa laki-laki masuk pada kategori tinggi dengan presentase 80,28%, 6 siswa laki-laki masuk pada kategori sangat tinggi dengan presentase 8,45% dan 8 siswa laki-laki masuk pada kategori sedang dengan presentase 11,27%; 2) berdasarkan hasil statistik deskriptif diperoleh 62 siswa perempuan masuk pada kategori tinggi dengan presentase 87,32%, 8 siswa perempuan masuk pada kategori sangat tinggi dengan presentase 11,27% dan 1 siswa perempuan masuk pada kategori sedang dengan presentase 1,41%; 3) berdasarkan Uji beda dengan Uji *Mann-Whitney* diperoleh *asympt. Sig* sebesar 0,028 yang berarti terdapat perbedaan signifikan terhadap tingkat pemahaman kesehatan reproduksi siswa laki-laki dan perempuan. *Mean Rank* siswa laki-laki sebesar 63,94 sedangkan *Mean Rank* siswa perempuan sebesar 79,06 sehingga tingkat pemahaman kesehatan reproduksi siswa perempuan lebih tinggi dari pada siswa laki-laki.

Kata kunci: kesehatan reproduksi, siswa SMA, laki-laki, perempuan

ABSTRACT

**DIFFERENCES IN REPRODUCTIVE HEALTH UNDERSTANDING
LEVELS BETWEEN MALE AND FEMALE STUDENTS AT SMA N 1
KARANGMOJO GUNUNGKIDUL**

Wika Evani Kriswardani
Guidance and Counseling Study Program
Sanata Dharma University
2026

This research aims to: (1) categorize the level of reproductive health understanding among male students; (2) categorize the level of reproductive health understanding among female students; (3) describe the differences in reproductive health understanding between male and female students.

The type of this research is quantitative with a comparative research design using difference tests and descriptive analysis with categorization. The research subjects consisted of 142 eleventh-grade students from SMA N 1 Karangmojo. Among the research subjects, there were 71 male students and 71 female students. The research instrument used a Likert scale with 41 statements and 4 alternative answers. The research was conducted directly thru Google Forms. The validity test showed that 36 out of 41 statements were valid, and the reliability test fell into the high category. The difference in understanding was tested using the Mann-Whitney Test to determine the differences in reproductive health understanding between male and female students. Meanwhile, descriptive analysis was conducted to categorize the level of understanding of male and female students.

The research results obtained; 1) based on descriptive statistical results, 57 male students fell into the high category with a percentage of 80.28%, 6 male students fell into the very high category with a percentage of 8.45%, and 8 male students fell into the medium category with a percentage of 11.27%; 2) based on descriptive statistical results, 62 female students fell into the high category with a percentage of 87.32%, 8 female students fell into the very high category with a percentage of 11.27%, and 1 female student fell into the medium category with a percentage of 1.41%; 3) based on the Mann-Whitney U test, an asymp. Sig of 0.028 was obtained, which means there is a significant difference in the level of reproductive health understanding between male and female students. A Sig of 0.028 means there is a significant difference in the level of reproductive health understanding between male and female students. The Mean Rank of male students is 63.94, while the Mean Rank of female students is 79.06, indicating that the level of reproductive health understanding among female students is higher than that of male students.

Keywords: reproductive health, high school students, boys, girls