

ABSTRAK

Putranta, Bonaventura Ananta Eka Duta. 2026. Hubungan antara *homesickness* dan prokrastinasi akademik pada mahasiswa rantau di Yogyakarta. *Skripsi*. Yogyakarta: Psikologi, Fakultas Psikologi, Universitas Sanata Dharma.

Penelitian ini bertujuan untuk mengetahui hubungan antara *homesickness* dan prokrastinasi akademik pada mahasiswa rantau. Hipotesis penelitian ini adalah terdapat hubungan positif antara *homesickness* dan prokrastinasi akademik pada mahasiswa rantau. Subjek dalam penelitian ini adalah 211 mahasiswa rantau yang berusia antara 18-30 tahun. Pengumpulan data dilakukan dengan menyebarkan kuesioner skala *Homesickness Questionnaire* (HQ) dan skala prokrastinasi akademik. Skala *Homesickness Questionnaire* (HQ) memiliki koefisien reliabilitas sebesar 0,935 dan skala prokrastinasi akademik memiliki koefisien reliabilitas sebesar 0,955. Uji korelasi menggunakan *Spearman's Rho* dikarenakan data yang tidak terdistribusi normal. Hasil uji korelasi menunjukkan skor koefisien korelasi (r) = 0,378 dan nilai signifikansi (p) = 0,000 ($p < 0,05$). Berdasarkan hasil tersebut dapat disimpulkan bahwa ada hubungan positif yang signifikan namun dalam kategori lemah antara *homesickness* dan prokrastinasi akademik pada mahasiswa rantau.

Kata kunci: *homesickness*, mahasiswa rantau, prokrastinasi akademik.

ABSTRACT

Putranta, Bonaventura Ananta Eka Duta. 2026. The relationship between homesickness and academic procrastination among overseas students in yogyakarta. *Thesis*. Yogyakarta: Psychology, Faculty of Psychology, Sanata Dharma University.

This study aims to determine the relationship between homesickness and academic procrastination in overseas students. The hypothesis of this study is that there is a positive relationship between homesickness and academic procrastination in overseas students. The subjects in this study were 211 overseas students aged between 18-30 years. Data collection was carried out by distributing questionnaires on the Homesickness Questionnaire (HQ) scale and the academic procrastination scale. The Homesickness Questionnaire (HQ) scale has a reliability coefficient of 0.935 and the academic procrastination scale has a reliability coefficient of 0.955. The correlation test used Spearman's Rho because the data were not normally distributed. The results of the correlation test showed a correlation coefficient score (r) = 0.378 and a significance value (p) = 0.000 ($p < 0.05$). Based on these results, it can be concluded that there is a significant positive relationship but in the weak category between homesickness and academic procrastination in overseas students.

Keywords: academic procrastination, homesickness, overseas students.