

ABSTRAK

DESKRIPSI DOA ROSARIO TAPA JAM 15.00 DAN DINAMIKANYA DALAM KEHIDUPAN ROHANI PARA SUSTER YUNIOR KOMUNITAS *MAGNIFICAT* YOGYAKARTA

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Skripsi ini berjudul **DESKRIPSI DOA ROSARIO TAPA JAM 15.00 DAN DINAMIKANYA DALAM KEHIDUPAN ROHANI PARA SUSTER YUNIOR KOMUNITAS MAGNIFICAT YOGYAKARTA** yang dilatarbelakangi oleh penulis selama menjadi anggota komunitas dan termasuk suster yunior komunitas magnificat yogyakarta. Penelitian ini bertujuan untuk: pertama mendeskripsikan praktik Doa Rosario Tapa jam 15.00 di Komunitas *Magnificat* Yogyakarta, kedua menganalisis makna dan dampaknya terhadap kehidupan rohani para suster yunior PRR, serta ketiga mengidentifikasi dinamika dan tantangan yang mereka alami dalam penghayatan doa tersebut. Penelitian ini menggunakan pendekatan kualitatif dengan metode deskriptif-analisis dan jenis fenomenologis. Pengumpulan data dilakukan melalui wawancara mendalam terhadap delapan suster yunior, observasi partisipatif, dan studi dokumen. Analisis data menggunakan model Miles dan Huberman, yang meliputi reduksi data, penyajian data, dan penarikan kesimpulan. Hasil penelitian menunjukkan bahwa para suster yunior memahami Doa Rosario Tapa sebagai warisan kharismatik pendiri kongregasi dan momen kontemplasi kristosentris pada jam kerahiman. Penghayatan doa ini berdampak positif, seperti ketenangan batin, penguatan iman, dan pertumbuhan buah-buah Roh. Dinamika pelaksanaannya mencakup doa komunal dan pribadi, dengan hambatan internal (distraksi, ariditas, acedia) dan eksternal (kelelahan, benturan jadwal) yang diatasi melalui disiplin, kreativitas, dan kesadaran identitas. Penelitian menyimpulkan bahwa Doa Rosario Tapa jam 15.00 memiliki dinamika transformatif yang signifikan dalam membentuk spiritualitas dan kehidupan rohani para suster yunior. Saran penelitian ditujukan kepada kongregasi dan komunitas untuk terus mendukung penghayatan doa ini sebagai sarana formasi yang otentik.

Kata-kata kunci: Doa Rosario Tapa, Suster Yunior PRR, Kehidupan Rohani, Spiritualitas Kongregasi, Formasi Religius

ABSTRACT

**DESCRIPTION OF THE PENITENTIAL ROSARY PRAYER AT 3:00 PM
AND ITS DYNAMICS IN THE SPIRITUAL LIFE
OF THE JUNIOR SISTERS OF THE MAGNIFICAT COMMUNITY,
YOGYAKARTA.**

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*This study, entitled *The Living Out of the 3:00 PM Penitential Rosary Prayer and Its Dynamics in the Spiritual Life of the Junior Sisters of the Magnificat Community, Yogyakarta*, is motivated by the author's personal experience as a member and junior sister of the community. The research aims to: one describe the practice of the 3:00 PM Penitential Rosary Prayer in the Magnificat Community, Yogyakarta, two analyze its meaning and impact on the spiritual life of the PRR junior sisters, and three identify the dynamics and challenges they experience in living out this devotion. This study employs a qualitative approach with a descriptive-analytical method and a phenomenological type. Data were collected through in-depth interviews with eight junior sisters, participant observation, and document study. Data analysis was conducted using the Miles and Huberman model, which includes data reduction, data display, and conclusion drawing. The findings reveal that the junior sisters understand the 3:00 PM Penitential Rosary Prayer as the charismatic heritage of the congregation's founder and a Christ-centered moment of contemplation during the Hour of Mercy. Living out this prayer yields positive impacts, such as inner peace, strengthened faith, and the growth of the fruits of the Spirit. Its implementation dynamics encompass both communal and personal prayer, with internal obstacles (distraction, aridity, acedia) and external ones (fatigue, scheduling conflicts) being overcome through discipline, creativity, and identity awareness. The study concludes that the 3:00 PM Penitential Rosary Prayer has significant transformative dynamics in shaping the spirituality and spiritual life of the junior sisters. Recommendations are directed toward the congregation and the community to continue supporting the living out of this prayer as a means of authentic formation.*

Keywords: Penitential Rosary Prayer, PRR Junior Sisters, Spiritual Life, Congregational Spirituality, Religious Formation.



