

ABSTRAK

**PELAYANAN PASTORAL KAUM PEREMPUAN
DALAM MEMBANGUN SEKSUALITAS HOLISTIK
DI PAROKI PURBAYAN SURAKARTA**

Lusia Erva Widiati
Universitas Sanata Dharma
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Penelitian ini berjudul *PELAYANAN PASTORAL KAUM PEREMPUAN DALAM MEMBANGUN SEKSUALITAS HOLISTIK DI PAROKI PURBAYAN SURAKARTA*. Penelitian bertolak dari pengalaman personal penulis sebagai seorang perempuan Katolik yang aktif dalam pelayanan pastoral di paroki asal dan tingginya keterlibatan kaum perempuan dalam pelayanan pastoral di Paroki St. Antonius Padua Purbayan Surakarta, di tengah kenyataan masih adanya kultur patriarki serta tantangan kontemporer seperti masalah rumah tangga dan komunikasi keluarga dan adanya kekosongan pemahaman mengenai seksualitas yang direduksi sekadar fungsi biologis atau reproduksi. Penelitian difokuskan pada pelayan pastoral perempuan di Paroki Santo Antonius Padua Purbayan Surakarta dalam membangun seksualitas holistik, serta bentuk-bentuk pelayanan yang mampu menciptakan ruang aman (*safe guarding*) bagi umat. Penelitian ini menggunakan pendekatan kualitatif deskriptif, melalui studi dokumen, observasi partisipatoris, dan wawancara mendalam. Para pelayan perempuan menyadari bahwa seksualitas bukan sekadar persoalan biologis, melainkan representasi dari martabat diri dan penghormatan terhadap tubuh sebagai Bait Allah. Meskipun edukasi seksualitas secara eksplisit masih dibatasi oleh benturan budaya tabu, upaya pembinaan terus diupayakan melalui penegakan etika busana liturgis, pembekalan calon pasutri, dan katekese dialogis membangun ruang aman (*safe space*) melalui transparansi sarana-prasarana fisik, penerapan tata perilaku *safe guarding*, serta semangat sinodalitas yang menempatkan perempuan sebagai mitra sejajar.

Kata Kunci: Keterlibatan Perempuan, Pelayanan Pastoral, Ruang Aman, Seksualitas Holistik, Sinodalitas

ABSTRACT

***WOMEN'S PASTORAL MINISTRY IN FOSTERING HOLISTIC SEXUALITY
AT PURBAYAN SURAKARTA PARISH***

Lusia Erva Widiati
Sanata Dharma University
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This study is titled "WOMEN'S PASTORAL MINISTRY IN FOSTERING HOLISTIC SEXUALITY AT PURBAYAN SURAKARTA PARISH." It stems from the author's personal experience as a Catholic woman active in pastoral ministry in her home parish and the high level of women's involvement in pastoral ministry at St. Anthony of Padua Parish, Purbayan, Surakarta. This context exists amidst a prevailing patriarchal culture and contemporary challenges such as domestic issues and family communication struggles as well as a lack of understanding regarding sexuality, which is often reduced merely to biological or reproductive functions. The research focuses on women pastoral ministers at St. Anthony of Padua Parish, Purbayan, Surakarta, in their efforts to cultivate holistic sexuality and provide forms of ministry that create a safe space (safeguarding) for the congregation. A descriptive qualitative approach was employed, utilizing document analysis, participatory observation, and in-depth interviews. The women ministers recognize that sexuality is not merely a biological matter but a representation of personal dignity and respect for the body as the Temple of God. Although explicit sexuality education remains constrained by cultural taboos, formation efforts continue through the enforcement of liturgical dress codes, pre-marriage preparation, and dialogic catechesis. These efforts aim to build a safe space through transparent physical facilities, the implementation of safeguarding behavioral standards, and a spirit of synodality that positions women as equal partners.

Keywords: *Holistic Sexuality, Pastoral Ministry, Safe Space, Synodality, Women's Involvement*