

## ABSTRACT

Devitasari, Aprilia. 2016. *A Correlation between the Self-Management Ability and Students' Ability on Writing an Argumentative Essay in Critical Reading and Writing II Class*. Yogyakarta: English Language Education Study Program, Sanata Dharma University.

This study is concerned about self-management ability in enhancing the students' ability on writing an argumentative essay in Critical Reading and Writing (CRW) II class in English Language Education Study Program (ELESP) of Sanata Dharma University batch 2014. In this research, the researcher intends to answer one question whether there is a relationship between the degrees of self-management ability and the students' ability on writing an argumentative essay or not.

This study is conducted based on the theories of index of motivation proposed by Schunk et al., time management matrix by Stephen R. Covey, writing skill and how the CRW II class accommodates the students to improve their ability on writing an argumentative essay. Self-management is one of the language learning strategies that can be used to improve the students' ability in writing in order to achieve a good results in CRW II course.

In order to analyze the relationship between the degrees of self-management ability and the students' ability on writing an argumentative essay in CRW II class of ELESP of Sanata Dharma University, the researcher applied correlation research method. The information of the students' data about the degrees of the students' self-management ability was obtained by conducting a survey. The researcher also used the students' argumentative essay scores in the CRW II class. The data were obtained from the CRW II class batch 2014 of ELESP of Sanata Dharma University. These data were also used to answer the research question. All the students who are currently taking CRW II class have the chance of being selected and participated as the subject in this research.

To find whether there is a relationship between the degree of self-management ability and the students' ability on writing an argumentative essay, the data were analyzed by using Pearson product moment correlation coefficient. The result of the data analysis was found at a strong of positive and significant relationship between the self-management ability and students' ability in CRW II class ( $r = .794$ ,  $df : 58$ ,  $\alpha < 0.05$ ). Therefore, there is statistical evidence to reject the null hypothesis. The research had sufficient evidence to conclude that there was significantly positive correlation between the self-management ability and students' ability in writing an argumentative essay. Therefore, there was significant evidence to accept the alternative hypothesis. Then, giving freedom to choose their own title, taking the responsibility, planning to write the best and handling any interruption are the important aspects which influence the students' ability on writing an argumentative essay.

*Keywords: self-management ability, argumentative essay, self-motivation, time management, correlational research*

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*Penelitian ini berkaitan dengan self-management ability untuk meningkatkan kemampuan mahasiswa dalam menulis argumentative essay di Pendidikan Bahasa Inggris (PBI) Universitas Sanata Dharma. Peneliti bertujuan untuk mengetahui apakah ada hubungan antara self-management ability dengan kemampuan mahasiswa dalam menulis argumentative essay pada mata kuliah CRW II di PBI Universitas Sanata Dharma angkatan 2014.*

*Penelitian ini dilakukan berdasarkan teori tentang indeks motivasi yang dikemukakan oleh Schunk dkk, matriks dalam mengelola waktu oleh Stephen R. Covey, kemampuan menulis dan bagaimana kelas CRW II memfasilitasi mahasiswa untuk meningkatkan kemampuannya dalam menulis argumentative essay. Self-management adalah salah satu strategi pembelajaran yang dapat digunakan untuk meningkatkan kemampuan mahasiswa dalam menulis untuk menghasilkan hasil yang memuaskan pada mata kuliah CRW II.*

*Peneliti menggunakan metode penelitian korelasi untuk menjawab permasalahan dari penelitian ini. Peneliti mengadakan survei untuk mengumpulkan data informasi tentang tingkat penggunaan self-management dalam meningkatkan kemampuan menulis mahasiswa. Peneliti juga menggunakan nilai argumentative essay dari mata kuliah CRW II sebagai alat ukur kemampuan mahasiswa dalam menulis. Informasi-informasi ini digunakan untuk menjawab permasalahan dari penelitian ini. Subjek dari penelitian ini adalah mahasiswa PBI Universitas Sanata Dharma angkatan 2014 yang sedang mengambil matakuliah CRW II. Seluruh mahasiswa PBI angkatan 2014 mempunyai kesempatan untuk dipilih dan berpartisipasi dalam penelitian ini.*

*Data dianalisis dengan menggunakan korelasi koefisien dari Pearson product moment teori. Hasil analisis korelasi dari keduanya adalah .794 (derajat kebebasan : 58,  $\alpha < 0.05$ ). Dari hasil analisis ini, peneliti mengambil kesimpulan bahwa ada korelasi yang signifikan dan positif antara self-management ability dan kemampuan mahasiswa dalam menulis argumentative essay. Hasil ini merupakan bukti bahwa hipotesis nol ditolak. Hal ini juga merupakan suatu bukti bahwa self-management ability efektif dan berpengaruh pada peningkatan kemampuan menulis argumentative essay dalam mata kuliah CRW II. Kebebasan memilih judul sendiri, bertanggung jawab, berencana untuk menulis yang terbaik dan menyikapi berbagai macam gangguan adalah aspek penting yang berpengaruh pada kemampuan mahasiswa dalam menulis.*

*Kata kunci: self-management ability, argumentative essay, self-motivation, time management, correlational research*