

ABSTRACT

Prajnaputri, Yosephine Wastu. (2016). *Geraldine's Posttraumatic Stress Disorder in Just Another Kid novel by Torey Hayden*. Yogyakarta: English Language Education Study Program, Department of Language and Arts Education, Faculty of Teachers Training and Education, Sanata Dharma University.

This study analyzes *Just Another Kid*, an autobiographical novel written by Torey Hayden. The goals of conducting this study are to identify the diagnostic criteria of Posttraumatic Stress Disorder shown in Geraldine and Geraldine's trauma. To achieve the goals, this study focuses on three questions: (1) How is Geraldine characterized in the novel? (2) What diagnostic criteria of Posttraumatic Stress Disorder are shown in Geraldine? (3) What is Geraldine's trauma?

This study adopted the psychological approach to answer the questions. In this library study, two sources were used. The primary source was *Just Another Kid* novel by Torey Hayden. The secondary sources were electronic sources and books on character and characterization in literature, posttraumatic stress disorder, and trauma.

There are three findings of this study. First, Geraldine is characterized by using six methods of characterization. They are conflict reveals character, exposition, description, contrast reveals character, showing, and telling method. Second, five diagnostic criteria of posttraumatic stress disorder are shown in Geraldine. They are persistent avoidance, negative alterations, marked alterations, duration of the disturbances, and non-attributable disturbances to the physiological effects of substances. Third, Geraldine's trauma is caused by a major loss. It belongs to single-blow and human-made types of trauma.

This study proposes suggestions. The suggestions are proposed to future researchers and teacher candidates. Future researchers may use this study as a reference to conduct studies of the therapy for children with posttraumatic stress disorder. The teacher candidates may refer to this study to enrich their knowledge of students' psychological condition and mental disorder.

Keywords: characters and characterization, posttraumatic stress disorder, trauma

ABSTRAK

Prajnaputri, Yosephine Wastu. (2016). Geraldine's Posttraumatic Stress Disorder in Just Another Kid novel by Torey Hayden. Yogyakarta: Program Studi Pendidikan Bahasa Inggris, Jurusan Pendidikan Bahasa dan Seni, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Sanata Dharma.

Studi ini menganalisa Just Another Kid, sebuah novel autobiografi yang ditulis oleh Torey Hayden. Studi ini bertujuan untuk mengidentifikasi kriteria diagnosa dari posttraumatic stress disorder yang ditunjukkan dalam diri Geraldine dan trauma Geraldine. Studi ini terfokus pada tiga pertanyaan: (1) Bagaimana karakterisasi Geraldine dalam novel? (2) Apakah kriteria diagnosa posttraumatic stress disorder yang ditunjukkan dalam diri Geraldine? (3) Apakah trauma Geraldine?

Studi ini mengadopsi pendekatan psikologis untuk menjawab pertanyaan-pertanyaan tersebut. Dua sumber digunakan dalam studi pustaka ini. Just Another Kid novel karya Torey Hayden adalah sumber primer dalam studi ini. Sumber-sumber sekunder dalam studi ini adalah sumber-sumber elektronik dan buku-buku mengenai karakter dan karakterisasi dalam sastra, posttraumatic stress disorder, dan trauma.

Terdapat tiga temuan dalam studi ini. Pertama, karakterisasi Geraldine dilakukan melalui enam metode. Metode-metode tersebut adalah: conflict reveals character method, exposition method, description method, contrast method, showing method, dan telling method. Kedua, terdapat lima kriteria diagnosa dari posttraumatic stress disorder dalam diri Geraldine. Kriteria-kriteria tersebut adalah persistent avoidance, negative alterations, marked alterations, duration of the disturbances, dan non-attributable disturbances to the physiological effects of substances. Temuan terakhir adalah trauma dalam diri Geraldine. Trauma tersebut disebabkan oleh kehilangan besar. Trauma ini tergolong dalam single blow trauma dan human made trauma.

Studi ini juga mengajukan beberapa saran. Saran-saran ditujukan pada para peneliti selanjutnya dan calon guru. Para peneliti selanjutnya dapat menggunakan studi ini sebagai referensi untuk melakukan studi lanjutan mengenai terapi posttraumatic stress disorder. Para calon guru dapat merujuk pada studi ini untuk memperkaya pengetahuan dan meningkatkan kesadaran akan kondisi psikologis siswa.

Kata kunci: character and characterization, posttraumatic stress disorder, trauma