THE INFLUENCE OF ANDREA SACHS’S CHARACTERISTICS AND
TRAUMATIC EXPERIENCE ON HER DEFENSE MECHANISM IN
LAUREN WEISBERGER’S REVENGE WEARS PRADA

AN UNDERGRADUATE THESIS

Presented as Partial Fulfillment of the Requirements
for the Degree of Sarjana Sastra
in English Letters

By
RIZA AZIZAH
Student Number: 094214035

ENGLISH LETTERS STUDY PROGRAM
DEPARTMENT OF ENGLISH LETTERS
FACULTY OF LETTERS
SANATA DHARMA UNIVERSITY
YOGYAKARTA
2016
THE INFLUENCE OF ANDREA SACHS’S CHARACTERISTICS AND TRAUMATIC EXPERIENCE ON HER DEFENSE MECHANISM IN LAUREN WEISBERGER’S REVENGE WEARS PRADA

AN UNDERGRADUATE THESIS

Presented as Partial Fulfillment of the Requirements for the Degree of Sarjana Sastra in English Letters

By

RIZA AZIZAH

Student Number: 094214035

ENGLISH LETTERS STUDY PROGRAM
DEPARTMENT OF ENGLISH LETTERS
FACULTY OF LETTERS
SANATA DHARMA UNIVERSITY
YOGYAKARTA
2016
A Sarjana Sastra Undergraduate Thesis

THE INFLUENCE OF ANDREA SACHS’S CHARACTERISTICS AND TRAUMATIC EXPERIENCE ON HER DEFENSE MECHANISM IN LAURENWEISBERGER’S REVENGE WEARS PRADA

By
RIZA AZIZAH
Student Number : 094214035

Approved By
Dr. F.X Siswadi, M.A
Advisor

Drs. Hirmawan Wijanarka, M.Hum.
Co-advisor

September 14, 2016

iii
A Sarjana Sastra Undergraduate Thesis

THE INFLUENCE OF ANDREA SACHS’S CHARACTERISTICS AND TRAUMATIC EXPERIENCE ON HER DEFENSE MECHANISM IN LAUREN WEISBERGER’S REVENGE WEARS PRADA

By
RIZA AZIZAH
Student Number: 094214035

Defended before the Board of Examiners
On September 29, 2016
And Declared Acceptable

Board of Examiners

Chair Person: Dr. F. X. Siswadi, M.A.
Secretary: A.B. Sri Mulyani, M.A., Ph.D.
Member 1: Elisa Dwi Wardani, S.S., M.Hum.
Member 2: Dr. F. X. Siswadi, M.A.
Member 3: Drs. Hirmawan Wijanarka, M.Hum.

Yogyakarta, September 30, 2016
Faculty of Letters
Sanata Dharma University
Dean

Dr. P. Ari Subagyo, M.Hum.
STATEMENT OF ORIGINALITY

I certify that this undergraduate thesis contains no material which has been previously submitted for the award of any other degree of any other univesity, and that, to the best of my knowledge, this undergraduate thesis contains no material previously written by any other person except where due reference is made in the text of the undergraduate thesis.

Yogyakarta, September 10, 2016

Riza Azizah
LEMBAR PERNYATAAN PERSETUJUAN PUBLIKASI ILMIAH
UNTUK KEPENTINGAN AKADEMIK

Yang bertandatangan di bawah ini, Saya mahasiswa Universitas Sanata Dharma

Nama : Riza Azizah
Nomor Mahasiswa : 094214035

Dengan pengembangan ilmu pengetahuan, saya memberikan kepada perpustakaan universitas Sanata Dharma karya ilmiah saya yang berjudul

THE INFLUENCE OF ANDREA SACHS'S CHARACTERISTICS AND TRAUMATIC EXPERIENCE ON HER DEFENSE MECHANISM IN LAUREN WEISBERGER REVENGE WEARS PRADA

beserta perangkat yang diperlukan. Dengan demikian saya memberikan kepada Universitas Sanata Dharma hak untuk menyimpan, mengalihkan dalam bentuk media lain, mengelolanya dalam bentuk angkalan data, mendistribusikan secara terbats, dan mempublikasikannya di internet atau media lain untuk kepentingan akademis tanpa perlu meminta ijin kepada saya maupun memberikan royalty kepada saya selama tetap mencantumkan nama saya sebagai penulis.

Demikian pernyataan ini saya buat dengan sebenarnya

Dibuat di Yogyakarta
pada tanggal 10 September 2016

Yang menyatakan,

Riza Azizah
Be kind,
for whenever kindness becomes part of something,
it beautifies it.
Whenever it is taken for something,
it leaves, it tarnished.
- The Prophet Muhammad-

Our doubts are traitors,
and make us lose the good we often might win,
by fearing to attempt.
- William Shakespeare-

Once you make a decision,
the universe conspires to make it happen.
- Ralph Waldo Emerson-

He who opens a school door, close a prison
- Victor Hugo-
For my best parents

For my Husband, a partner of my life

For my Sister,

And for those who know their dream and fight for it
ACKNOWLEDGMENTS

First of all I would like to thank the almighty Allah S.W.T for all his blessing and the prophet Muhammad S.A.W. I am so thankful for all the experience and knowledge that I get while doing this study.

I would like to thank Sanata Dharma University and all of its staff. I would like to give my thankfulness to my thesis advisor Dr. F.X. Siswadi, M.A. and my thesis co-advisor Drs. Hirmawan Wijanarka, M.Hum for the priceless guidance, valuable evaluation and support and all short of help that have given to me. I would like to express my appreciation to my academic advisor Elisa Dwi Wardani, S.S., M.Hum. for the priceless guidance. Many thanks to all my lecturers for all the knowledge and wisdom that have been taught during my education process.

I would like to show my gratitude to my parents, Sumarta S.Pd and Waeni for all the support, time, endless love and prayer that have given to me. I want to express my gratefulness to my husband, Ubaid Rahmana, for his best support and guidance and encouragement while I was doing this study. My great gratitude goes to my father in law, Prof. Dr. Slamat Sugiri, M.B.A for the support to finish this study and my mother in law Siti Khaeriah for the endless support. Many thanks go to my beloved friends, Ucca, Louisa, Vindy, Richard, Titus for the support and love that have been shared.

Riza Azizah
# TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>TITLE PAGE</td>
<td>ii</td>
</tr>
<tr>
<td>APPROVAL PAGE</td>
<td>iii</td>
</tr>
<tr>
<td>ACCEPTANCE PAGE</td>
<td>iv</td>
</tr>
<tr>
<td>STATEMENT OF ORIGINALITY</td>
<td>v</td>
</tr>
<tr>
<td>LEMBAR PERNYATAAN PUBLIKASI KARYA ILMIAH</td>
<td>vi</td>
</tr>
<tr>
<td>MOTTO</td>
<td>vii</td>
</tr>
<tr>
<td>DEDICATION</td>
<td>viii</td>
</tr>
<tr>
<td>ACKNOWLEDGEMENTS</td>
<td>ix</td>
</tr>
<tr>
<td>TABLE OF CONTENTS</td>
<td>x</td>
</tr>
<tr>
<td>ABSTRACT</td>
<td>xii</td>
</tr>
<tr>
<td>ABSTRAK</td>
<td>xiii</td>
</tr>
</tbody>
</table>

## CHAPTER I: INTRODUCTION

A. Background of the Study ...................................................... 1
B. Problem Formulation .......................................................... 4
C. Objectives of the Study ...................................................... 5
D. Definitions of Terms .......................................................... 5

## CHAPTER II: THEORETICAL REVIEW

A. Review of Related Studies .................................................... 7
B. Review of Related Theories .................................................. 10
C. Theoretical Frameworks ....................................................... 19

## CHAPTER III: METHODOLOGY

A. Object of the Study .................................................................. 21
B. Approach of the Study .......................................................... 22
C. Method of the Study .................................................................. 22

## CHAPTER IV: ANALYSIS

A. Description of Andrea ............................................................ 24
   1. Contentious Person ............................................................ 25
   2. Adamant ............................................................................ 29
   3. Ambitious .......................................................................... 33
B. Traumatic Experience of the Main Character ................................ 33
C. Defense Mechanism of Andrea .................................................. 38
CHAPTER V: CONCLUSION ........................................................................................................43
BIBLIOGRAPHY ..................................................................................................................45
ABSTRACT

Azizah, Riza. THE INFLUENCE OF ANDREA SACHS'S TRAUMATIC EXPERIENCE ON HER DEFENSE MECHANISM IN LAUREN WEISBERGER'S REVENGE WEARS PRADA. Yogyakarta: Department of English Letters, Faculty of Letters, Sanata Dharma University, 2016.

This writing analyzes the life of modern women at 2000s in New York City, presented in a novel written by Lauren Weisberger Revenge Wears Prada. This novel brings an issue of a modern woman named Andrea who struggles to develop her career by running her own business in fashion magazine, The Plunge, together with her best friend Emily who is her working partner in her former company Runway, when they both are as personal assistant of Miranda Priestly. Long story short Miranda who is recently also a chief editor of a well known magazine company, Elias-Clark gives an offer to The Plunge to join with Elias-Clark. Unlike Emily who sees this offer as a good opportunity, Andrea concerns about its bad impact.

The first objective of the study is to describe general characterization of Andrea the main character of the story. The second objective is to analyze the traumatic experience when she work with Miranda. The last objective is about her characteristic and traumatic experience toward her process of defense mechanism.

To analyze the problems formulated above, this analysis uses psychological approach and there are some steps that had been conducted. Firstly, do close reading to the primary source a novel entitled Revenge Wears Prada by Weisberger. The second step is doing research mapping, formulating the problems and finding theories. The third step is analyzing the problems formulation using the related theory and other including related books, journals, articles. And then make conclusion from the whole analysis.

Andrea is depicted as a person who is haunted by traumatic experience and tries to avoid it. Andrea is described as a young modern woman who is ambitious, passionate in developing her career. In the middle of the process of her developing career comes a problem arouses her anxiety from her past experience, in current time it pushes her to deal with her traumatic experience. While trying to get out of the hard situation related to her traumatic experience, she unconsciously applies a method of defense mechanism; rationalization to cope with the problem. People often unconsciously using rationalization as defense mechanism while facing problem and do not consider it due to the lack of knowledge in psychological field. Therefore psychological study helps human to cope with their problem and so that people get a better understanding to this defense mechanism theory so that it can help people to a better identification of their problem and give a better result in the process of their problem solving so that it is more effective and efficient.
ABSTRAK


Singkat cerita Miranda yang sekarang juga menjabat sebagai kepala editor dari sebuah perusahaan majalah yang terkenal, Elias-Clark memberikan tawaran kepada The Plunge untuk bergabung bersama Elias-Clark. Yang artinya para wanita ini sekali lagi harus bekerja di bawah kepemimpinan Miranda, jika mereka setuju untuk menjual The Plunge kepada Elias-Clark. Tidak seperti Emily yang melihat tawaran ini sebagai kesempatan yang bagus karena tidak semua majalah dapat mendapatkan tawaran untuk bergabung bersama Elias-Clark, Andrea khawatir terhadap dampak buruk dari tawaran tersebut.

Formulasi permasalahan pertama dalam karya ilmiah ini yaitu tentang karakteristik dari Andrea sebagai pemeran utama dalam cerita. Masalah ke-dua adalah menjelaskan kejadian-kejadian traumatis yang dialami ketika bekerja bersama Miranda. Pertanyaan terakhir yaitu tentang bagaimana karakteristik-karakteristik Andrea dan pengalaman-pengalaman traumatisnya terhadap proses pertahanaandirinya.


Andrea digambarkan sebagai seseorang yang dihantui oleh pengalaman traumatis dan mencoba untuk menghindarinya. Andrea digambarkan sebagai seorang wanita moderen yang ambisius, bersemangat dalam mengembangkan karir. Namun
sayangnya di tengah proses dia membangun karir datang sebuah masalah yang membangkitkan keresahan yang datang dari masa lalunya, dan di saat seperti ini dia harus berurusan dengan pengalaman traumatisnya. Ketika sedang berusaha untuk keluar dari situasi yang sulit terkait dengan pengalaman traumatisnya dia secara tidak sadar sedang menerapkan metode pertahanan diri; rationalization. Orang sering kali secara tidak sadar menggunakan rationalization sebagai metode pertahanan diri ketika sedang menghadapi masalah dan tidak memahami hal tersebut dikarenakan kurangnya pemahaman terhadap pengetahuan di bidang psikologi oleh karena itu ilmu psikologi membantu manusia melindungi dari masalahnya dan membantu agar manusia mendapatkan pemahaman yang lebih baik terhadap teori pertahanan diri ini agar dapat membantu dalam memecahkan masalah lebih efisien dan efektif.
CHAPTER I
INTRODUCTION

A. Background of the study

There are sorts of literary works, such as poem and novel. By reading literary works we can see and understand the world outside our own world without having attached to the experience.

Langland points out that in a literary work, there must be a picture of society inside the story. Literature reflects norms and values which are explicitly or implicitly imitations of an outside world (Langland, 1984: 4). Meaning to say a literary work provides a picture of how a certain society runs and it also leads and gives reader new perspective, knowledge, and understanding about human’s life.

In order to get a deep understanding after reading a literary work, there are some approaches that can be used by reader to analyze it. One of the approaches is psychological approach. Psychology is a theory about understanding human behavior. Due to the fact that psychology is a study about human behavior, therefore psychology can be used to analyze character that plays in the story.

This study uses psychological approach. Due to the fact that psychology covers wide area of human behavior; therefore for the purpose of narrowing down the focus of the analysis, this study uses theory of Defense Mechanism and theory of Traumatic Experience.

“‘defenses are the processes by which the contents of our unconscious are kept in the unconscious. In other words, they are the process by which we kept the repressed in order to avoid knowing what we feel we can’t handle knowing.’” (Lois, 2006: 15).
Defense mechanisms from Lois Tyson are divided into six types; the first type is selective perception, it means that only hearing and seeing what we feel we can handle. The second type is selective memory, which means that modifying our memories so that we are not overwhelmed by them or forgetting painful events entirely. Denial is the next type, it is to believe that the problem does not exist or unpleasant incidents never happened. The fourth type is avoidance, it is when we are trying to stay away from people or situations that are liable to make us anxious by stirring up unconscious, such as repressed experience or emotion. The next type of defense mechanism is displacement, it refers to ‘taking it out’ on someone or something less threatening than the person who caused our fear, hurt, frustration or anger. The last type is projection, projection means ascribing our fear, problem or guilty desire to someone else and then condemning him or her for it, in order to deny that we have it ourselves (Tyson, 2006: 15).

At this point in time, the theory of defense mechanism has been widely developed by theorists. Many types of defense mechanisms appear. The application of defense mechanisms are influenced by some motives; it could be by the experiences that he has gone through, the society around him or the problem he is facing at current time. At a certain time, people can apply two or more defense mechanisms, it is adjusted to the problem or situation he is facing.

Some types of psychotherapy can help a person to become aware of what defense mechanism that are used, how effective they are, and how to use less primitive and more effective mechanism in the future (psychcentral.com).

The inference of the sentence above is by learning from the past events that already been through, someone is able know how to use defense mechanism or
what type of defense mechanism he is using at the present time to make it more effective solving the problem.

As already mentioned above the application of defense mechanism is influenced by some motives, one of the motives is influenced by the experience that someone had been trough. One of the experience that is possible to influence someone on applying defense mechanism is his traumatic experience.

Jon Allen stated, there are two components to a traumatic experience: the objective and the subjective.

It is the subjective experience of the objective events that constitutes the trauma. The more you believed you are endangered, the more traumatized you will be. Psychologically, the bottom line of trauma is overwhelming emotion and a feeling of utter helplessness. There may or may not be bodily injury, but psychological trauma is coupled with psychological upheaval that plays a leading role in the long-range effects (1995: 14).

In other words, trauma is defined by the experience of the survivor. Two people can undergo the same dangerous event and one person may be traumatized while the other person remains unscathed. It is not possible to make generalization such as, A is traumatized for all who go through it, or B is not traumatized because nobody was physically injured.

This study uses theory of traumatic experience and defense mechanism, because it is applied to analyze the traumatic experience that occurred in Andrea’s life when she was employed as Miranda’s personal assistant. Even though this job is a job that a million girls would die for, unfortunately Andrea finds that working for Miranda is such a huge burden.

Miranda is the kind of boss who strives for perfection, every command gives to the employees should be done perfectly and right in time. For Andrea
working for Miranda demands a hundred percent loyalty, the working hours and job schedule often interrupt her personal life, Andrea is required to handle everything, not only what Miranda needs but also the need of her children and husband. It is very often for Andrea to answer the call from Miranda even in non-working-hours and do her command right away and Andrea should accomplish it satisfactionally. It can be said Andrea should be ready at anytime along the day and night for Miranda.

The experience that Andrea undergoes as Miranda’s personal assistant leaves a traumatic experience on her life that she promised not to experience the same events ever again, and tries to avoid the presence of Miranda in her future life.

Meanwhile the defense mechanism is used for analyzing the process of how Andrea defense herself from the problem that come up in her life, in this case is dealing with her former boss, Miranda Priestly, whom that she tries to avoid since her resignation from the job as personal assistant. This study analyzes Andrea’s response to the hard situation that she is facing involving her former boss, her working partner and her personal life include her family.

B. Problem Formulation

There are three questions that are formulated based on the background of the study explained above. The problems are formulated as follows:

1. What are the characteristics of Andrea Sach as the main character?
2. What are Andrea’s traumatic experiences?
3. How do Andrea’s characteristics and Andrea’s traumatic experiences influence her defense mechanism?

C. Objectives of the Study

This study is conducted in order to give answer to the question formulated in the problem formulation above. The first objective of the study is to describe about general characterization of Andrea as the main character of the story. The first objective of the study is helping to answer the further question that discusses the traumatic experience when she worked with Miranda. When the first two questions have been answered, the next step is to answer the last question in the problem formulation which is about how her characteristic and traumatic experiences toward her process of defense mechanism. The main purpose of overall those objectives of the study is for better understanding of one’s characteristics and one’s traumatic experience toward one’s defense mechanism by analyzing the chosen literary work using psychological approach.

D. Definition of Terms

This part explains about the terms that are used in this study in order to make the reader get the understanding about what is being analyzed and to avoid misunderstanding on certain terms that are used in the analysis.

1. Traumatic experience

Traumatic events are extraordinary, not because they occur rarely, but rather because they overwhelm the ordinary human adaptations to life. Trauma is an affiliation of the powerless. At the moment of trauma, the victim is rendered helpless by overwhelming force. When the force is that of other
human beings, we speak of atrocities. When the force is that of nature, we speak of disasters. Traumatic events overwhelm the ordinary system of care that give people a sense of control, connection, and meaning (Herman, 1992, 33).

As it is said about the definition of traumatic events above; trauma is an affiliation of powerless, in this case what happen to Andrea is she is powerless regarding to what Miranda does to her when she works as her personal assistant. Andrea does not have the power to dissent toward Miranda’s demand even if it is nothing to do with her job.

2. Defense Mechanism

Defense mechanisms arise when one is facing a situation or threatening condition. It is the ability of adjusting to the situation for protecting himself. As mentioned below by Sarah Cirese in *Quest: A Search of Self*,

‘’Self-defense mechanism or ego defense mechanism is the ego unconscious mechanism distorting feelings or perceptions when a real imagined threat is perceived, in order to stave off unbearable inner conflict and anxieties (1977:54 )

Most defense mechanisms are unconscious – that means most people do not realize while they are using defense mechanism in the moment. Self defense mechanisms are one of the ways of looking at how someone distances himself from a full awareness of unpleasant thoughts, feelings and behaviors.
CHAPTER II
THEORETICAL REVIEW

A. Review of Related Studies

After reading the work of literature, the reader will put some criticism to the book, this is called as literary criticism. The aim of conducting the criticism itself is to deliver reader’s ideas or opinions about that work of literature. This section gives a review about the work of literature written by Weisberger taken from a journal and also provides a study about theory of defense mechanism that is used in this thesis to solve one of the problems that has been formulated.

The first novel (Devil Wears Prada) and the second novel (Revenge Wears Prada) of Weisberger basically have the same root of issue which is about a women named Miranda who is inferior and powerful toward her employees, one of them named Andrea. However the second novel brings more issue of Andrea struggles to resist Miranda from her life because she thinks Miranda is a threat for her career life and personal life, especially when Andrea is no longer working for Miranda, the process in which Andrea react toward the emergence of Miranda that is considered as a major problem for Andrea is interested to be analyzed.

This study uses another work of Lauren as the review of related study. For the information, Revenge Wears Prada is the second sequel of the first novel of Lauren’s entitled Devil Wears Prada. Devil Wears Prada was sold in thirty one countries and made into a motion picture. The New York Times raved about the film stating : The Devil Wears Prada is the first film to take a 21st century of
fashion, moving beyond the myth of its practitioners as visionaries, revealing them instead as the exacting funcionarties they are”.

There is a study conducted by Julia A. Spiker, PH.D. In an article entitled *The Gender and Power in the Devil Wears Prada*. On Julia’s article unlike this study that points to the characteristic of Andrea and to the process of her defense mechanisms, Julia speaks more about Miranda’s characteristics.

She writes that the novel offers a picture of a working women and a strong role model in the character of Miranda. The character of Miranda expresses female power and evokes power with every verbal and nonverbal action.

The setting in *Devil Wears Prada* is the fashion world. It is portrayed as superficial world. In the novel women can be portrayed as “silly” because the setting is the world of fashion while at the same time Miranda can be portrayed as all-powerful. Miranda is the pinnacle of that world and thus she is labeled as “devil”. Initially Andrea is drawn into that world but in the end she is presented as someone who comes to sense and save herself. The deeper message is that Miranda has a power. She is proficient as using her power even though she may not always be nice. The novel presents a view that women like Miranda do not have to be nice when using the power. In her journal Julia wrote a statement that is stated by Wolf,

Women can approach from two different feminist perspectives; victim feminist or power feminist. The women who adopts a victim perspective has “a psychology of scarcity” and believes that one’s women gain is another loss (1994: 137-138).

In her analysis, Julia stated that *Devil Wears Prada* portrays the dualism of female power in society. It is argued that the characters of Miranda and Andrea
symbolize two different social models of female power. Miranda wants a power and she is not afraid of succeed. She knows what she wants and smart enough to get it. Andrea represents the struggle many women face. She wants to succeed but she is afraid of claiming power and recognition. She wants everyone to like her. Miranda is power feminist. Miranda represents the subordinate narrative of women and power in society. Meanwhile Andrea is product of patriarchal society and has thus become its voice. Andrea represents dominant narrative of women and power in society.

While Julia speaks about the power and gender in this work of literature, this study comes up with the idea of the influence of Andrea’s trauma on her defense mechanism. This study tries to analyze the problem lies in the novel through different angle.

Another related study that is provided in this section is about the application of theory of defense mechanism that used in a thesis, *Self-Defense Mechanism Used by The Main Character to Solve the Conflict* by Aulia Sigit.

In Sigit’s thesis she uses defense mechanism as a theory to solve the main problems of the work. It explains about how the characteristics of main character influence his self-defense mechanism in solving the conflicts.

The main character has his own way. The main character of the story uses different kind of self-defense mechanism to solve the conflicts. This research is conducted to find out the defense mechanisms of the main character to solve the conflict and see the characteristics of the main character can influence his defense mechanism (2014: 4).
Since there are various kinds of defense mechanisms, the usage of self-defense mechanism to any kinds of conflicts can be multifarious, depends on the conflict or situation they are facing. Also just like what already mentioned above, it can be concluded that it is possible for someone to apply two or more different kinds of defense mechanisms when react to one conflict.

While Sigit’s study points out about the conflicts of the main character and how the main character tries to solve it by using self-defense mechanism, this study analyzes the traumatic events in main character and how the traumatic experience and her characteristic influences her defense mechanism.

B. Review of Related Theories

1. Theory of Character and Characterization

Theory of character is needed to help analyzing the work of literature since there are some discussions which are related to the character plays in the novel. In a book entitled *A Glossary of Literary Terms* by M.H Abrams, it is written that,

A character may remain essentially stable or unchanged in his outlook and his position, from beginning to the end of the work, or he may undergo a radical change, either through a gradual development or as a result of an extreme crisis (1981: 20).

Based on the statement above, related to the main character of this novel, the main character undergoes a change along with the problems that are coming to her carrier life that later on the problem also influences her personal life.

Rohrberger and Woods define the characterization as “process by which an author create a character, the devices by which he make us believe a character is like particular person he is’’ (1971: 20).
Another theory is written by M. J Murphy, he states there are some ways in which an author attempts to make his characters understandable to and alive for his reader. There are nine ways of how reader could understand the characterization of a character,

The first way is personal description. It is a way that the author describes a person appearance and cloth. What the character looks like or what like, depend on how the author describes him or her in the story, for instance, the color of the skin, the color of the hair, also the cloths that he or she wears (1972: 161).

The second way that Murphy mentioned in Understanding the Unseen is character as seen by another. That means that a way that is used by the author to describe a character through the eyes and opinions of another, instead of describing a character directly (1972: 162).

The third way is speech; according to Murphy speech can determine the character in the story. The author can give us an insight into the character of the person’s in the book through what person says. Whenever person speaks, whenever he is conversation with another, whenever he puts forward an opinion, he is giving us some clue to his characterization (1972: 164).

The fourth way is past life. This is used when a person’s past life can be a clue for the reader to shape the character. This can be done by the direct comment by the author, the person’s thought, his conversation, or through the medium of another person (1972: 166).

Fifth is conversation of others. The author can give us clues to a person’s character through the conversation of others and the thing they say about him.
People do talk about other people and the things they say often give us clue to the characterization of a person spoke about (1972: 167).

The sixth way to understand the character is reaction. The author can also give a clue to a person’s character by letting know how that person reacts to various situation and events. This means that the reader will know the character when he or she reacts to such situation and events (1972: 168).

The seventh way is direct comments. The author can describe or comment on a person’s character directly. The author describes the character directly not in a verbal conversation of other people in the story. This will help the readers understand a character through the comments that the author writes (1972: 170).

Thought is the eight way of understanding a character. The author can write about the characterization through the thought of the character itself, reader sometime can find that the author does give such knowledge about a person’s thoughts (1972: 171).

Mannerism is the last way of understanding a characterization in a character. “the author can described person’s mannerism, habit, or idiosyncrasies about his character” this means that the reader cab get a clue about the characterization by analyzing the habit and manner of the character (1972: 173).

Other than those theories that are written, this study also expalins about another theory of characterization. Based on Thomas R. Arp and Greg Johnson, there are two ways for an author to present character; Authors present their character either directly or indirectly. In direct presentation they tell us straight out, by exposition or analysis, what the character are like, or they have another
character in the story describe them. In indirect presentation they author show us the characters through their actions; we determine what they are like by what they say or do (2008: 162).

All the theory about the characterizations that are mentioned above can be applied to facilitate the reader to analyze the characterization of the character that plays in a story.

This study uses theory from M.J Murphy to analyze the characteristics of Andrea. There are three theories that is used to do the analysis such as, theory of past life, theory by speech, theory of character as seen by other.

2. **Theory of Traumatic Experience**

Traumatic experience can be one of the aspects that influence someone to use defense mechanism. What happened in someone’s past life can affect to the application of the defense mechanism toward the conflict or hard situation that occur. Since people are human being that can learn, grow and adapt to a new situation therefore people often use experiences in past life as the reference or hint to the action that will be taken in the future or in the present time while facing a problem. An expert, Judith Herman explained in her book *Trauma and recovery; The Aftermath of Violence*,

Psychological trauma is an affiliation of the powerless. As the moment of the trauma, the victim is rendered helpless by overwhelming force. When the force is that of other human being, we speak atrocities. Traumatic events overwhelm the ordinary system of care that give people a sense of control, connection and meaning. Traumatic events are extraordinary, not because they occur rarely, but rather because they overwhelm the ordinary human adaptation of life. (1992: 33)

The experience that Andrea gets when she works as Miranda’s personal
assistant is such a burden for Andrea. She is powerless to fight back against Miranda because she is in the inferior side. The fact that she needs the job as Miranda’s personal assistant makes Andrea stand still facing the hard situation that Miranda gives to her every day.

Trauma is an emotional response to a terrible event like an accident, rape or natural disaster. Immediately after the event, shock and denial are typical. Longer-term reactions include unpredictable emotions, flashbacks, strained relationships and even physical symptoms like headache or nausea. While these feeling are normal, some people have difficulty moving on with their lives. (http://www.apa.org/topics/trauma)

As written in the theory above that some people have difficulty moving on form the horrible traumatic events that had happened in their lives. That is exactly as if Andy undergoes in her life. So many years has passed, so many happy moments happened in her life, the growing business, friend, and family who supports her, yet those awful days and dreadful treats she has in Runway is still vivid in her mind and still haunts her.

3. Theory of Post-Traumatic Stress Disorder

There are theories about Post Traumatic Stress Disorder (PTSD. In a journal about Post Traumatic Stress Disorder, it is written that,

In the nightmares of Post-Traumatic Stress Disorder victims, the content is based on the difficult circumstances they experienced at that time of the trauma. For example, someone who was injured in the explosion of a bus is likely to dream about explosions. (www.natal.org.il.com)

There is also another theory speaks about nightmare as the effect of traumatic experience, it is stated by Tina Crenshaw, PhD, MLS, MSEd.

For trauma survivors, nightmares can be a common source of distress. Nightmares are one of the 17 symptoms of PTSD (Post Traumatic Stress Disorder). Along with flashbacks and intrusive thoughts or memories, nightmares are one of the ways in which a trauma survivor may re-
experience or relive the traumatic experience for months or years following the event. (www.ptsd.com)

Nightmares that follow trauma often involve the same scary elements that were in trauma. For example, someone who went through hurricane katrina may have dreams about high winds or flood. They may dream about trying to escape the waters or being in a shelter that does not feel safe. A survivor of a hold-up might have nightmares about the robber or about being held at gun point.

Not all nightmares that occur after trauma are a direct reply of the event. About half of those who have nightmares after trauma have dreams that reply the trauma. People with PTSD are more likely to have dreams that are exact replays of the event than are survivor without PTSD.

4. **Theory of Self-Defense Mechanism**

   Each problem deals with different defense mechanism and defense mechanism depends on each character or person to expel. There are many kinds of defense mechanisms.

   Jess Feist is stated that Defense mechanism was developed by Freud in 1926. There are some types of defense mechanisms;

   1. **Repression** is an unconscious mechanism employed by the ego to keep disturbing or threatening thoughts from becoming conscious. Thoughts that are often repressed are those that would result in feelings of guilt from the superego (Feist, 2009:35).

   2. **Reaction Formation** is one of way in which a repressed impulse may become conscious is through adopting a disguise that is directly opposite its original form. Reactive behavior can be identified by its exaggerated
character and by its obsessive and compulsive form (Feist, 2009:35).

3. **Displacement**, in displacement people can redirect their unacceptable urges onto variety of people and objects so that the original impulse is disguised or concealed. For example, an assistant who is angry at her boss may displace her anger onto her husband at home (Feist, 2009:36).

4. **Fixation**, the process of psychological growing up, however is not without stressful and anxious moments. When the prospect of taking the next step becomes too anxiety provoking, the ego may resort the strategy of remaining at the present, more comfortable psychological stage, this defense is called fixation. As said by Freud technically fixation is the permanent attachment of libido onto an earlier more primitive stage development (Freud, 1917/1963) (Feist, 2009:36).

5. **Regression** is a movement back in psychological time when one is faced with stress. When we are troubled or frightened, our behaviors often become more childish or primitive. For example, a completely weaned child may regress to demanding a bottle or a nipple when a baby brother or sister is born, the attention given to the new baby poses a threat to the older child. In adult stage a common way to react to anxiety-producing situations is to revert to earlier, safer, more secure patterns of behavior and to invest their libido onto more primitive and familiar objects (Feist, 2009:36).

6. **Projection**, this involves individuals attributing their own thoughts, feeling and motives to another person. Thoughts most commonly projected onto another are ones that would cause guilt such as aggressive and sexual
fantasies or thoughts (Feist, 2009:35).

7. **Introjections** is a defense mechanism whereby people incorporate positive qualities of another person into their own ego. For example, and adolescent may introject or adopt the mannerism, values, or lifestyle of a movie star (Feist, 2009:37).

8. **Sublimation** is similar to displacement, but takes place when people manage to displace the emotions into a constructive rather than destructive activity. This might for example be artistic. Many great artists and musicians have had unhappy lives and have used the medium of art or music to express themselves (Feist, 2009:38).

9. **Denial** involves blocking external events from awareness. If some situation is just too much to handle, the person just refuses to experience it. As can be might imagined, this is a primitive and dangerous defense - no one disregards reality and gets away with it for long. It can operate by itself or, more commonly, in combination with other, more subtle mechanisms that support it. For example, smokers may refuse to admit to themselves that smoking is bad for their health.

10. **Regression** is a movement back in psychological time when one is faced with stress. When we are troubled or frightened, our behaviors often become more childish or primitive.

11. **Rationalization** is the cognitive distortion of "the facts" to make an event or an impulse less threatening. We do it often enough on a fairly conscious level when we provide ourselves with excuses. But for many people, with
sensitive egos, making excuses comes so easy that they never are truly aware of it. In other words, many of us are quite prepared to believe our lies.

Different method of defense mechanism is written by Jack Roy Strange, in his book entitled Abnormal Psychology: Understanding Behavior Disorder. **Rationalization** is mechanism results in being untruthful and dishonest to ourselves. The particular reason people do rationalization because they sometimes feel anxious and afraid at the same time to accept the truth. Instead of giving the real reason and the truth, people keep laying to themselves.

**Compensation**, when people can not get the expectation in their life, they sometimes to ease their worry and frustration by accepting a substitute goal. This somehow can give people partial satisfaction.

**Identification**, Identification is one of defense mechanism which is considered as a process of associating and affiliating a person with another person or group in order to get the same degree of values, and behavior pattern.

**Reaction Formation**, is when person is motivated to do things in a certain way, but it turn out that he manages to act in an opposite way. the person actually can hide his motives and acts under control.

**Projection**, is when someone hates another person, instead of saying ‘’I hate you’’ he will rather say ‘’He hates me’’.

**Displaced Aggression**, an act that can be used when someone is frustrating and he can not show her emotion or anger, and he will just put his anger on the innocent target.
C. Theoretical Framework

In this section the study comes to the part of unfolding the problem that becomes the main issue in the work of literature entitled *Revenge Wears Prada* and next find the coherence between the chosen theories and the study in this research. Understanding the characteristics of the main character in the story is the first problem formulation. To analyze the first problem formulation this study uses theory of character and characterization.

To support the analysis of characteristic of the main character, Andrea Sach, this study uses theory taken from a book by M. J Murphy *Understanding Unseen*. The aim of analyzing the characteristics of Andrea is to see how her characteristics are and how the conflicts can be related to her characteristics.

There are also some theories that are used to analyze the traumatic experience of Andrea. Those theories are from Judith Herman in his book about traumatic system. There are also other theories about the post-traumatic stress disorder that are used to analyze the traumatic experience that Andrea had undergone, the last theories about the post-traumatic stress disorder are taken from journals in websites. Those theories can be used to analyze deeper her traumatic events and can give further explanation of her reaction and how it affects her life.

The last theory that is used in this study is self-defense mechanism. How Andrea reacts to the certain problem and what kind of defense mechanism she uses to solve or response to the problem she is facing are the issues of this study. The traumatic experience that she has toward working with her former evil boss Miranda Priestly is the main reason behind her response to the problem she is
facing, the main reason why she uses certain methods of defense mechanism is her traumatic experience.

This study also uses theory of *Rationalization* self-defense mechanism by Feist to study Andrea’s response to the problem she faces. The main issue of this study is to show how Andrea’s characteristics and Andrea’s traumatic experiences influence her defense mechanism.
CHAPTER III

METHODOLOGY

A. Object of the Study

The object of the study is a novel entitled *Revenge Wears Prada* by Lauren Weisberger. The novel that contains 417 pages was published in 2013 by Harper Collin Publisher. The novel is a drama story that tells about a woman who succeeds in her life career by running her own successful magazine with her best friend then there is a conflict involving her former boss that will affect to her career life and personal life.

This novel is a fictional novel but it can be analyzed through the psychological point of view. This novel is a second sequel from its first novel entitled *Devil Wears Prada* that spends six months on the New York Times bestseller list and become the basis for the 2006 film of the same name, starring Meryl Streep, Anne Hayeway and Emily Blunt.

The first sequel of this novel, *Devil Wears Prada* is well known because of the motion picture version itself, the movie is great and so many preciation are given from the movie critics, it also gets good anthusiasm from society.

The problem that arise in the second novel is quite plain and not so tough compare to the first novel. However it is still a book that is awaited by those whoread the first novel of the sequel.
B. Approach of the Study

Psychological approach was possibly the most controversial and least appreciated. However, psychological approach can be interesting since its proper purpose to interpret the literary work can improve the writer’s understanding of literature. The approach lets the reader to analyze the character’s psychology or condition in the literary works. (Guerin, 1979: 125)

In this study psychological approach is used to help analyzing the psychology or condition of the characters so that this study is able give brief analysis of the conflict that brought in the novel. Psychological approach focuses on the human behavior that helps the reader to analyze the literary works. Moreover, this approach is used because personality is a subject of psychology where it involves pattern of behavior, minds and feelings.

Louis Dudek in The Psychology of Literature also stated about the relation between literary works and psychology, “Using psychology to understand literature, we would have first have to know how the mind works”. From the statement above it can be summarized that psychology is a major that suitable to analyze how the main character of this story runs and how she handles the situation.

C. Method of the Study

This study uses the library research and internet research as the method. The primary source of this study is taken from a novel entitled Devil Wears Prada by Weisberger. The writer of the novel, Lauren is the main source that provides the

This study also uses some reliable datas and informations as the references to support this study. There are some steps done to complete this study. The firts step is a close reading to get understanding to the novel *Devil Wears Prada* by Weisberger.

The second step is doing the research mapping, formulating the problems and doing the library research. Library research was included finding reliable articles on the internet.

Collecting datas and informations are meant to help deciding what approach and theory that are appropriate to analyze the problem that have been formulated. When the theory has found the next step is analyzing the problem formulations using the chosen theory. The last step is sum up the finding from the analysis that had bee conducted.
CHAPTER IV

ANALYSIS

A. Description of Andrea

Character is one of the most crucial elements in a novel. Character is the key so that a story can flow. As it is already explained in the previous chapter, there are some ways for the reader to get to know more or understand deeper about the characteristic in a story.

The author can describe the character that plays in the novel through the characteristics. M.J Murphy explains in his book *Understanding the unseen*, there are nine ways that a character can be defined, and those ways consist of personal description, character as seen by others, speech, past life, conversation of others, reaction, direct comments, thoughts and mannerism.

This novel tells about woman who struggles in her carrier’s life named Andrea Sachs, also called Andy by her relatives and closest friends. She decided to resign from her former job as Miranda’s personal assistant because of the abusive she got from her boss, Miranda Priestly. Miranda abused her mentally that it left a traumatic in her life, the trauma she got from Miranda still haunts her even ten years after her resignation. Until today she still tries to distance herself from all matters that link her to her former job in *Runway*, the people from the office, the ambience, and anything that reminds her to the most sorrowful moment in her life.
1. Conscientious

Theory of past life can be applied to reveal the characteristic of a character in a literary work. In this part the study uses theory of past life from M.J Murphy to reveal the character of Andrea as the main character in the story.

She started at her daughter’s smile and knew, more surely than she had known in the many months and since they’d first received the offer, that she could not, under any circumstances, spend another year for working for Miranda Priestly. It was horrid enough when she was young and single, but there was no way she could tolerate the ever-ringing phone, the relentless demands, the round-the-clock request that would inevitably take her away from home, from Max, and especially from Clementine. (Weisberger, 2013: 373)

The sentence above shows how dreadful Andrea’s life when she worked as Miranda’s personal assistant. A little flashback that crosses over her mind about Miranda horrifies her. Those horrible treats she gets from Miranda make her promise to herself that she will not ever again working under Miranda’s restraint.

The further impact is she worried about the time’s quality that she will be missing with her husband and her daughter if she works with Miranda. She wants to make sure that she has the good times with family and not repeating the wicked moment when she misses the times with family and friend just like what happen to her when she works with Miranda back to ten years ago.

The fact that right now she has her own little family that means she has responsibility to be prioritized; as a wife and a mother. Her duty as wife and mother require her to be more conscientious in taking every decision and every step in her life, because there will be those two humans that she loves the most, two people who turn to be her priority in her life right now that will be affected by any decision she makes especially related to working under Miranda’s
domination.

She wants to make sure she takes good care of them and does not miss the good times with them especially if it is just to fulfill Miranda’s demand. The traumatic she gets from being the personal assistant of Miranda gives her a lesson not to repeat it again in her present and future life.

The young Andrea is possibly can take those burdens and pressures upon her, even though that is horrid enough, about all the demands and tasks that should be accomplished perfectly with no mistakes, and should be done right in time, those responsibility now seems too much to handle for her along with her new position as wife and mother of one daughter.

Another evidence shows that Andrea’s life is so awful back then when she works for Miranda and that triggers Andrea to become a person who is more conscientious about making a decision, stated by her mother and her father as the response to the statement that come out form when they are in a meeting for the first time to announce Andre’s pregnancy to the whole family.

An incredible offer from Elias-Clark to acquire The Plunge. An outrageously generous offer, to be more precise. Those two pretty much accomplished the impossible in getting such a young start-up noticed and courted like that soon. Let’s us rise the glass to all of Andy’s hard work. Exactly no one raise a glass. They all begin talking at once.

Andy’s father: ‘Elias-Clark? Does that mean you-know-who all over again?’
Andy’s mother: ‘I can’t abide the idea of you working with… with… Oh, what’s her name again? The one who tortured you for a year?’ (Weisberger, 2013: 211)

It is undeniable that most of people in Andrea’s life know how she lived her life for a year under Miranda’s command. From the response that is given by Andre’s parents it gives clues that to repeat that kind of life again is a huge
mistake and is not clever step to take. The response of her mother and her father to
the issue about the offer from the Elias-Clark indicate that it is not a wise step to
do if Andrea agree to sell *The Plunge* to the Elias-Clark, because if she agree to
sell the magazine to Elias-Clark means Andrea once again should live her life
under so much pressure and so much control from Miranda which feels so
inhuman.

Andrea’s parents do not consider that offer as a good opportunity like Max
or Emily think, they do not think about how precious the offer is or how good it is
for the existence of *The Plunge* in the future. They prefer to consider to the impact
of what will happen to the personal life of Andrea itself; the freedom of arranging
her working time by herself and the time that she will not get easily to spend with
her own family and friends if she works under Miranda’s restrain, that is the
important things that they worried about, because they know Andrea’s life was so
unorganized and unhappy back then, her life was only about how to accomplished
Miranda’s demands perfectly and right in time.

The fact that Andy does not rise the glass right after Max announce the offer
that Andy get form Elias-Clark indicate that Andy does not put much excitement
about the offer becaus she is now more carefull of responding to the chances that
come to her life.

2. **Adamant**

   Another way to analyze a character is by speech, from the speech between
   her and her working partner Emily, it can be seen that Andrea is an adamant
   person,
“Do I need to say it, Em? Do I? Have you forgotten that Miranda is the editorial director of all of Elias-Clark now in addition to editing *Runway*, and that would make her our boss again?” Andy paused to calm her voice. “Just a minor little detail, but perhaps one you may want to consider. “I’m really not worried about it,” Emily said, “Look Andy, can you just agree to keep open mind? At least until we hear what they want? I promise we won’t do anything you’re not comfortable with.”

“Okay. Because I’m not comfortable working with Miranda Priestly again. I can tell you right now.”

“Okay. It’s just a meeting,” Andy replied. She repeated the phrased to herself three more times, and she tried to believe it, she really did. But who was she kidding? It was so much more terrifying than that. (P. 160-161)

From the conversation above between Andrea and her working partner Emily it can be seen clearly in this conversation that Andrea is an adamant person for the thing related to Miranda Priestly. She does not want to insert Miranda in her life. Andy tries to convince Emily that she does not want to do anything connects to Miranda ever again, especially for working under Miranda’s control. She insist Emily to think just like the way she thinks that making a business with Miranda is such an immense mistake.

Andrea is a type of opinionated and firmed person if it comes to Miranda’s matter. She will not compromise with anyone who tries to persuade her for joining with company that employs Miranda. The fact that Emily tries to softening Andy about the offer from Elias-Clark makes Andy becomes stricter to the idea of refusing it.

She is so sure of what she is saying and thinking about the horrible thing that will come if they work with Miranda. Andrea is that one person whom cannot be persuaded easily when it comes to the thing of Miranda, even if people tell her how precious and worth the offer from Elias-Clark is.
Some of people in Andrea’s life try to convince her that the offer from Elias-Clark is a rare offer which is very valuable. Not every magazine especially the new one in the fashion magazine can get a chance as splendid as they get to join with Elias-Clark.

Emily shrugged. “You may hate them, but they are the very best and they are offering to make us rich in our own right. Can’t you take the long view for once?”

“What you mean like the worshipful view you’ve always taken of Elias-Clark? And let’s be honest, of Miranda too?”

Emily glared at her. Andy knew she should end it there, but she couldn’t help herself.

“What? I’d be willing to bet anything that you still blame yourself for getting fired. That even though you were the best goddamn assistant she ever had, you still think Miranda was in some way justified for throwing you out like last week’s garbage” (Weisberger, 2013: 205).

The way she defends her argument over the issue of Elias-Clark shows that Andrea is hard headed person when it comes to the matter of Miranda. Her idea of not making Miranda as her boss ever again is unshakeable. Her persistence to ensure Emily that working under Miranda’s authority is a terrible idea makes her being so discourteous to Emily. She speaks her point to Emily boldly, even though she knows that her words will hurt Emily as her best friend that has been her working partner for the last three years, she keeps throwing her discontent to her.

She endeavors her belief to Emily with any kinds of ways that crosses her mind at that time so Emily can consider her opinion, even if it means that she has to be rude to Emily. Her fear of the upcoming of awful things not only inside their own company but also in their personal life that when they are joining Elias-Clark makes Andy loses control of the words she speaks out to Emily.

“No I hear that. It’s just that ….. I’m not going to change my name.”

Max laughed. “Of course you are.”
“My name’s been Andrea Sachs for over three decades, and I want to keep it that way. How would you feel if someone asked you to change your name at this point in your life?”
“IT’s different…”
“No it’s not.”
He looked at her, really looked at her. “Why don’t you want take my name?” he asked in a voice so genuinely hurt she almost changed her mind on the spot.
She squeezed his hand. “It’s not some sort of political statement, Max, and it’s absolutely nothing personal. Sachs is just the name I grew up with, the one I’m used to. I’ve work hard to build a career, and Sachs is the name I’ve used along the way. Is that so hard to understand? (Weisberger, 2013: 165)

She is so consistent on what she believes in. Most of women will just accept the last name of their husband, beside that is a tradition that has already been rooted in their culture. Instead of just following and doing what has been being the tradition, she refuses to carry out that tradition in her life, because she has her own reason to do so. The name that she has been carried along her life is so precious for her that she can not take that off her life, the name of Sachs also has been the name that accompanies her during her time of developing and struggling her career. So by not changing her last name into Harrison and keep her own last name, Sachs, is the best way to take for her life, beside it is not a personal matter for her.

Another point shows that Andrea is an adamant person can be seen in the conversation below between Andrea, Max and Emily. That is an acrid conversation between them when Andrea caught that Max and Emily betray her, they both sign the contract paper that confirm The Plunge is sold to the Elias-Clark,

“You were there, Emily. You saw how she acted. What do you think it’s really going to be like? That she’ll come to our offices for yoga over her lunch hour, or late-afternoon pedis? We’ll drink mimosas and giggle about
boys?’’ Emily surely understood the sarcasm, but she smiled anyway. “It’s going to be even better than that. I promise.”

“I don’t care what you’re promising, because I’m out. I was going to tell you tomorrow at our lunch, but apparently you couldn’t wait.”

“Andy-‘’ Max started, but Andy cut him off.

“Don’t you say another word,’’ Andy said in a low, angry voice, her eyes narrowing to slits. “This is my magazine, my career, and you prance in here under some bullshit supposedly selfless reason of saving me from myself… duping me so you can try to repair the company your family drove into the ground. Well, guess what? It’s going to be on my watch. You can go to hell.”

“you can tell them I’m out or I will. Apparently I can’t undo this deal, but I can sure as hell hand in my resignation, effective immediately.” (Weisberger, 2013:380-381)

Andrea cannot tolerate the idea of her best friend and her husband who she trusts and who supposed to be on her side betray her. Without her agreement they sign the deal. The deal that Emily has signed means they have to work under Miranda’s restraint, and obey what Miranda tells them to do. She prefers to quit her job rather than to stay in the company and working again under Miranda’s control. She is so sure to take that step, without any doubt she gives her resignation paper to Emily.

No one can negotiate with her about her leaving the company after the moment people she trusts and loves betray her. Nobody can change her mind at least to rethink about her decision. The thought of Miranda comes to her life again is horrid enough for her, more than anything else to make Mirada her boss again, she cannot take that risk, to be humiliated and commanded by Miranda after what she already been achieved. She is so confident at conveying her pretension to Emily and Max. By looking at the way she reacts to that problem, it can be seen that Andrea is so adamant and not easy to be persuaded when she already made
her final decision.

3. Ambitious

Theory of character as seen by other is another way to analyze the character. The statement below that is stated by Barbara about Andréa describes that Andrea is an ambitious person.

You must think carefully about this: do you want your wife editing magazines and taking business trips, or do you desire someone who puts others first and embraces the philanthropic interests of the Horrison line? Don’t you desire a partner who cares more about supporting your family than furthering her own ambition? (Weisberger, 2013:13)

Those words are written in a letter that written by Barbara for Max right a day before the wedding day of Max and Andrea. Barbara is Andrea’s future mother in law whom Andrea thinks that supposed to support their wedding but unexpectedly Andy finds the fact that Barbara turns to be the one who opposes the wedding. From Barbara’s point of view Andrea is type of women who concerns more in carrier than family, she will put carrier first over her family.

Barbara thinks Andrea is kind of woman who is ambitious and has hard willing to achieve her goal. That ambition will cause a bad impact in Max’s life. Andrea will not be able to focus on her family (Max and the children), and most important point is Andrea will fail to inherit the philanthropy and the legendary name of Harrison because she is too busy working on her ambition and goal for her company. In Barbara’s perspective Andrea is not the ideal figure to represent the Harrison’s line in front of the society, women who is appropriate to bring the big name of Harrison family is the one who has less ambition and less selfishness over her own goal and put most of the effort to focus on making the family well.
taken care of, by that way it can make the Hornison’s line seen more esteemed by her society.

On the other hand all that Barbara can think of about Andrea is that with that sort of big ambition lies within Andy’s mind, it will just wreck the life of her son, her grandchildren and the big name of her family. From the statement given by Barbara on her later shows that Andrea is an ambitious woman who is focus on her goal. Andrea is a type of woman who knows what she wants and what she can achieve in her career.

B. Traumatic Experience of the Main Character

As already described above in the second chapter about the theories that is used in this study, one of the theories is to reveal the traumatic experience. This part explains about the traumatic events that are undergone by Andrea the main character of the story in her past life. In the case of Andrea, traumatic that she gets is the repetion of mental abuse from miranda, her former boss in Runway.

It had taken months after that hateful afternoon in Paris before Andy could sleep through the night again. She’s wake with gasp imagining some task she’d failed to complete – she’d lost the Bulletin again or sent Miranda to the wrong restaurant for a lunch meeting. Andy had never picked up another copy of Runaway from the moment she’d left, but of course it haunted her from bodegas, hair salons, doctor’s waiting rooms, meni-pedi places. (Weisberger, 2013:219)

Referring to what has been stated by Judith Herman about traumatic system that traumatic events are extraordinary, not because they occur rarely, but rather because they overwhelm the ordinary human adaptation of life. What Miranda did to Andrea happened continuously; she did not hurt or abuse her physically yet the
abusive mental that Andrea got every day along the year she worked for Miranda overwhelms her human adaptation of life. She survived for some times in that job that gave her so much pressure that felt inhuman, and torture her because the fact that she lost so many changes to spend times with her family and friends, so many good times were wasted just to fulfill the demands for Miranda, the working hour that does not have limitation. She had no time for herself because she had to comply all of Miranda’s order. Even in the mid night when Andrea is off from the work, she had to complete every demands that Miranda ask, not rarely it has nothing to do with the her main job as the assistant in the *Runway*.

Those horrible treats she got everyday along one year of working for Miranda give enough horrible memories in her mind. The longer se stay the heavier burden she has to carry and the more terrifying terror she has to undergo. That is why she decides to leave. Leave the job that people think so many girls will die for.

“Oh shit, she thought to herself. *Do I have to?* Unlike everyone she knew, Emily included, Andy had refused to see it in the theater when it was out a year earlier. Who needed the flashback? The voice, the face, the constantly disappointed tone and reprimanding words. Andy could remember them all like they’d happened yesterday (Weisberger, 2013: 215).

As what has written in the second chapter about the theory of traumatic events, as the effect of traumatic events, the longer term reactions include unpredictable emotions, flashbacks, strained relationships and even physical symptoms like headache or nausea. While these feeling are normal, some people have difficulty moving on with their lives. Looking at the evidence in the paragraph above it gives brief explanation to this study of what happen in
Andrea’s life after that dreadful event she has in *Runway*, that traumatic event leaves a big wound in her life so that even just a little flashback can drag Andrea to that even and chaos her mind right away. It is not easy for Andrea to move on from that traumatic and painful event, especially when many things in her life connect her to those traumatic moments or to Miranda.

The image of Miranda is still vivid inside her mind, the way Miranda treated her violently toward her mental really sickens her until today. Even if at that time she tried to survive and adapt to that so much pressure, but at certain point she finally realized that there was no point of her to stay and keep struggling in that kind of job.

The terror that Miranda leaves for her is so terrifying; that tragedy makes her does not want to be trapped in that kind of commonplace activity again. The traumatic experience that occurred in her past life is still clear in her mind. On that conversation she tries to arouse Emily’s memories of what happened to both of them when they worked under Miranda’s control, how Miranda disrespect them and humiliate them, and compare to the way they treat their employee and staff in their own magazine right now is absolutely different compared to how Miranda threatens them, Andrea thinks they treat their staff way better than what Miranda had done to both of them and the rest of the stuff who worked in Elias-Clark. Emily and Andrea handle their stuff humanly and with a good manner as the bosses. Andrea still cannot be moved from those hard days and nights when she worked as Miranda’s personal assistant.

“Okay, let’s remember this: We don’t owe Miranda a thing. We are here to listen and listen only. She can’t wreck our lives again with a single wave of
her wand” (Weisnerger, 2013: 189).

Andrea always has that fear, that anxiety when she has to connect to all the things related to Miranda. She is always worried about the bad things that are going to happen when her life has to connect to Miranda Priestly. The anxiety that she feels when she has to connect with Miranda is the impact of the traumatic events that happened to her during her time working for Miranda. Times could not easily heal that sort of anxiety inside his mind that she got from Miranda, even after so many years have been passed and some happy moments have been through in her life such as the achievement in her career; *The Plunge* that succeed to make the world pay their attention on it, the family who fully support her career and the moment when she finally has her first kid. That achievement she holds in her hand does not wipe the traumatic experience towards Miranda away from her life.

As it is also happened to Andrea, after ten years past from the moment she decide to go away from Miranda, she has a dream about what had happened in her life during she worked for Miranda, it seems that she is repeating that frightening moment,

“Br-rrring! Br-rrring! That ringtone. She would recognize it anywhere for as long as she lived. She simply hadn’t heard it in so long and yet… it all came rushing back. She was still shocked to see those words on her caller ID screen: MIRANDA PRIESTLY. “Ahn-dre-ah? Is that you? You’ve already gone for an eternity I’ll ask you oly one time. Where. Is. My. Lunch ? I simply won’t be kept waiting like this.”

“I’m so sorry, Miranda. It’s really horrid out right now, and I’m trying my best to---

“I’ll expect you to be back here, immediately. That’s all” and before Andy could say another word, the line was disconnected.

*Andy! Andy! Andy! It’s me! Stop running!*

*Over here, Andy!*
And then she spotted him. Her fiancé.
The sounds of a phone – that phone – rang out between them, and Andy scrambled to answer it.
“Ahn-dre-ah! I don’t know what part “immediately” you don’t understand, but –”
Andy’s whole body was shaking as Miranda’s shrill voice drilled into her ear, but before she could move a single muscle, Max plucked the phone from her fingertips, tapped ‘end’ on the screen. “’You are done with her, Andy”
‘’Ohmigod, Max, how could you do that? I’m so late, I haven’t even made it to the restaurant yet, and she’s going to kill me if I’m not back there with her lunch in—’
“I have to go back!”
“Andy! Can you hear me, sweetheart? Andy!”
Her eyes flew open. The only thing she felt was the pounding of her own heart as it raced into her chest.
“You’re okay baby. You’re safe now. It was just a dream. And from the looks of it, a really horrible one.” Max crooned, cupping her cheek with his cool palm. (Weisberger, 2013:5-6)

Looking at that part of the story, when Andrea had a nightmare that related to the bad moment she experienced that was caused by Miranda, it can be seen that she is suffering post-traumatic stress disorder. It is also stated by Tina Crenshaw in the same journal that already written above;

Not all nightmares that occur following trauma are a direct replay of the trauma. Despite varying methodology which makes comparisons difficult, the results of several studies suggest that roughly half of those who experience posttraumatic nightmares may have dreams that exactly replicate the traumatic event. (www ptsd va gov/professional com)

All the sequences in Andre’s nightmare were the duplication or repetition of the moment that happened back to the days when she got that traumatic event. The wicked moment she had with Miranda is still haunting her. All those bad treats from Miranda that she has been afraid of appear vividly in her dream. Based on the theory that is stated about the Post Trauma Stress Disorder, Andrea is having one of the symptoms, the indication is having the nightmare about the dreadful
events that she is afraid the most and has left deep trauma in her life. Even though in the story it only mentioned in one part about the nightmare that describes the traumatic experienced she has, but after that there are another parts tell that Miranda is still the one she is afraid of, the one that she tries to stay away from. So the dream actually is a picture that Andrea still has so much fear and anxiety towards Miranda, until so many years have passed from the moment of separation between her and Miranda.

C. Defense Mechanism of Andrea

This study uses theory of Defense Mechanism to analyze how the main character of the primary source of this study reacts to the certain problem that she is facing.

There are some theories of Defense Mechanism stated by some psychologist. How and why someone applies the defense mechanism toward a certain problem differs from one another. Someone’s decision toward what kinds of defense mechanism will be used or what kinds of response that is given to a problem is affected by some reasons, for example by the experiences he had been through in his life, or by the people or society that surround him, it could be by the tradition or culture in the place where he is living in, it could be affected also by the background of the education that he has.

Looking at the evidence in the novel and trying to analyze it with theory of defense mechanism, some of her reaction can be categorized to rationalization self-defense mechanism.
I love *The Plunge*, I love what we’ve built together. I love our offices and our stuff and getting to hang out with you every day. I love that no one tells us what to do and how to do it. I’m not sure I want to give all that up just yet. (Weisberger, 2013: 204)

Andrea tries to reject the idea of selling *The Plunge* to Elias-Clark so many times by giving some reasonable reasons to Emily, which is actually the source of her decision comes from her deepest fear caused by her traumatic experience when she was Miranda’s Priestly assistant. She also tries to rationalize the reasons why she rejects the offer from Elias-Clark by brings out the past traumatic experienced both Emily and Andrea had been through as Miranda’s personal assistant,

Emily shrugged ‘‘You may hate them, but they are the very best and they are offering to make rich in our own way. Cant you take the long view for once?’

“What, you mean like the whorshipful view you’ve always taken of Elias-Clark? and to be honest off Miranda too?’’

“What? I’de be willing to bet anything that you still balme yourself for getting fired. That even though you were the best goddamn assistant she ever had, you still think Miranda was in some way justified for throwing you up like last week’s garbage. (Weisberger, 2013:205)

On other hand, she agrees by joining with Elias-Clark her company will get advantages, however the chance of having her life controlled again by Miranda is too frightening to take,

‘‘I’m very bit as flattered as you are, Em. The fact that Elias-Clark wants to buy our little magazine is tottaly mind-blowing. It’s incredibile on every level. And did you see that purchase price? Andy smacked her own forehead.

‘‘I never though I’d see a payday like that in my entire life.” (Weisberger, 2013: 203).

The fact Elias-Clark gives such a good offer to *The Plunge* does not make Andrea thinks to the good side of it, she keeps denying the good side of joining
with Elias-Clark because of the traumatic events in the past.

You should be proud as hell Andy! You did it. You and Emily, against all odd, building thing from scratch, and now the most prestigious magazine publisher on earth wants to buy it from you. it doesn’t get any better than that. (Weisberger, 2013: 207)

An example of rationalization is when parents punishes a child and says that it is for the child’s ‘‘own good’’, and that is similar to what Andrea does to Emily toward the offer from Elias-Clark, she persuades Emily to refuse the offer for the good of their company, so that they can run their company the way they want without any pressure from another party.

From what she has experienced about working with Miranda, it is a terrible idea for her to work again with Miranda. The burden of working with Miranda is too hard to handle. Even though she knows that the offer is such an excellent and promising offer for her company, but then on her own mind and based on her own experience the effect of accepting that deal will give so much troubles and stressed to her own personal life and also create chaos in her company, therefore she decides to refuse it to prevent the damage that will come up. However refusing the offer from Elias-clark is kinda ‘‘disapproving’’ her moral super ego because she has to stood up against her working partner Emily and some other people in her life that she herself realizes that they have very good reason why The Plunge should take the offer from Elias-Clark, having the trouble inside her own mind makes her ego seeks for defense itself by adding reason that make the action acceptable to the super ego.

Taking the example that provided by Feist that a smoker may refuse to admit to themselves that smoking is a bad for their health, it rhymes with Andrea’s
response toward the offer from Elias-Clark. Instead of thinking about the good sides if she takes the offer from Miranda, she keeps refusing to deal again with Miranda and tries to stay away from it.

She does not care of what people say about the how precious and valuable chance it is to get offer from Elias-Clark as long as that company has Miranda as the employe. She decides to refuse the offer, and runs her own company without any interruption from other party just like what she has been doing for around these past three years. She tries to deny all the good possibilities that her company may get if she takes the offer from Elias-Clark because the burden of being controlled again by Miranda is too heavy to handle, she is so terrified of imagining the condition of that awful experience recurred again in her life.

Andy felt a little jolt. There was an excitement, a profound satisfaction, to the idea that Elias-Clark would be interested. There was also a real terror. “Do I need to say Em? Have you forgotten that Miranda is the editorial director of all of Elias-Clark now in addition to editing Runway, and that would make her our boss again?” Andy paused to calm her voice. “Just a minor little detail, but perhaps one you may want to consider.” (Weisberger, 2009: 160).

Truthfully Andy is happy and proud of the fact that she gets the precious offer form Elias-Clark, it is such a huge chance for her company to be bigger and be more well known in the fashion industries, but then again she also concerns to the other impact of the offer that makes her worry, that is the existence of Miranda Priestly in the Elias-Clark as the editorial director, that means if she agree to take the offer from Elias-Clark she has to be back to the life that she has tried so hard to run away from, life that controlled by Miranda Priestly.

She cannot think of the further advantages of taking the offer because she
focuses only on her traumatic experience that she had ten years ago. It is obvious that she concerns more on the traumatic experience she had back to ten years ago rather than the good chance of her company will get from the offer, she denies all the fortune that may be brought by Elias-Clark to her company, *The Plunge*. Enhanced by the treatment she gets after having a dinner with Miranda, Nigel and Emily with the purpose of talking about the offer from Elias-Clark for *The Plunge* that makes her recalls the bad memories she had with Miranda and makes her intends to refuse the offer.
CHAPTER V
CONCLUSION

Having observed and analyzed the *Revenge Wears Prada* by Lauren Weisberger finally come to the conclusion that people have varieties ways of using defense mechanism.

In this undergraduated thesis by looking at the issue of Andrea, people may possible to use the *Denial Self* of defense mechanism. Further analysis comes to the reason of why certain defense mechanism is used by people for the certain problem may differ from one another, in Andrea’s case why she uses Denial-self is because it is influenced by the traumatic experience she had with her former boss, Mirada Priestly. Another thing influence her defense mechanism are her characteristics. As it is said in the previous chapter that Andrea is an adamant person, her decision to keep denying the good offer form Elias-Clark is influence by this characteristic. Instead of trying to find the good sides of the offer and tying to negotiate the good deal for both parties if she takes the offer, she just refuse to think further about it.

Her decision to refuse the offer from Elias-Clark is because she does not want to be trapped again in her awful and tragic past life when she worked for Miranda. Meaning to say, the reason people use certain defense mechanism is probably because of the experience they have, the traumatic experience may be the strongest reason why people defense themselves and why they apply certain defense mechanism in their problems.
One of the way people survive form their stressful time is by solving problem they are facing, and defense mechanism is one of the way of someone’s way out when she/he is facing a problem. So it means by learning and understanding deeper about defense mechanism, we have learned one of the way of surviving and solving problems.

By reading and analyzing literary works using psychological approaches, people can understand and go deeper to many kinds of knowledge. Literary work tells about the world and what is happening in the real life, that is why by reading literary work people can get the images of the world outside their own world. Reading literary work is one of the easiest ways to go to the wider knowledge and to the further world.
BIBLIOGRAPHY


Strange, Jack Roy. *Abnormal Psychology – Understanding Behaviour Disorder:*

