

ABSTRAK

TINGKAT PERCAYA DIRI PESERTA DIDIK (Studi Deskriptif pada Siswa Kelas X SMA Santo Paulus Nyarumkop Tahun Ajaran 2015/2016 Serta Implikasinya Terhadap Usulan Topik-Topik Bimbingan)

**Gabriella Tenerezza Paramitha
121114033**

Universitas Sanata Dharma Yogyakarta
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Penelitian ini bertujuan untuk memperoleh gambaran tentang tingkat kepercayaan diri peserta didik kelas X SMA Santo Paulus Nyarumkop tahun ajaran 2015/2016 dan membuat usulan topik-topik bimbingan. Subjek penelitian berjumlah 40 peserta didik kelas X SMA Santo Paulus Nyarumkop tahun ajaran 2015/2016.

Jenis penelitian ini adalah deskriptif kuantitatif. Pengumpulan data pada penelitian ini menggunakan metode kuesioner tingkat kepercayaan diri. Kuesioner yang disusun terdiri dari 50 item berdasarkan aspek kepercayaan diri, yaitu: 1) memiliki keyakinan akan kemampuan diri; 2) memiliki sikap optimis; 3) memiliki sikap obyektif; 4) memiliki sikap bertanggungjawab; 5) memiliki sikap rasional; 6) berani mencoba hal baru tanpa rasa takut; 7) merasa dapat diterima oleh lingkungan tempat berinteraksi. Hasil pengukuran validitas kuesioner dengan total 50 item valid, serta reliabilitas instrumen 0,813. Analisis data penelitian menggunakan program SPSS 16.0.

Hasil penelitian menunjukkan bahwa terdapat 11 peserta didik (27%) yang memiliki tingkat percaya diri yang sangat tinggi, 29 peserta didik (73%) memiliki tingkat percaya diri yang tinggi. Berdasarkan hasil analisis capaian skor item-item kuesioner menunjukkan bahwa tingkat kepercayaan diri peserta didik termasuk tinggi, peneliti mengusulkan topik-topik bimbingan untuk meningkatkan kepercayaan diri peserta didik kelas X SMA Santo Paulus Nyarumkop tahun ajaran 2015/2016. Topik-topik bimbingan, yang diusulkan yaitu: yakin akan kemampuan diri, berani bertanya, mandiri dalam mengambil keputusan, dan berani mencoba hal baru.

Kata Kunci: Percaya Diri, SMA Santo Paulus Nyarumkop, Topik Bimbingan

ABSTRACT**STUDENTS' SELF-CONFIDENT LEVEL
(A Descriptive Study on X Grade Students of Santo Paulus Nyarumkop Senior
High School Students Year of Study 2015/2016 and Implications for Guidance
Topics Advices****Gabriella Tenerezza Paramitha
121114033**Universitas Sanata Dharma Yogyakarta
2016

The aim of this study was to get a description about self-confident level of Santo Paulus Nyarumkop Senior High School X grade students year of study 2015/2016 and to make some guidance topics advices. The subject of this study were 40 X grade students year of study 2015/2016.

This study was a quantitative descriptive study. Data collection method of this study was questionnaire about self-confident. The questionnaire consists of 50 items about self-confident aspects, such as 1) having a faith of self-ability; 2) having optimistic characteristic; 3) having objective characteristic; 4) having responsible characteristic; 5) having rational characteristic, 6) be brave to try a new experience without fear, 7) the feeling of being accepted in the environment where they interact to each other. The questionnaire validity counting result showed that those 50 items were valid, study reliability was 0,813. The study counting method was SPSS 16,0 program.

The result showed that there were 11 students (27%) who had very high self-confident level, there were 29 students (73%) who had high self-confident level. According to result of the study, from the questionnaire items showed that the self-confident level of the students were classified as high, the researcher adviced some guidance topics for Santo Paulus Nyarumkop Senior High School X grade students year of study 2015/2016. The guidance topics are: believe in self ability, breave to ask something, independent on making a decision, and be brave to try a new experience.

Key word: Self-confidence, Santo Paulus Nyarumkop Senior High School, guidance topics.