

**STUDI DESKRIPTIF : *BODY IMAGE* PADA REMAJA PUTRI  
PENDERITA SKOLIOSIS**

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**ABSTRAK**

Penelitian ini bertujuan untuk menggambarkan *body image* berdasarkan aspek-aspek pada remaja putri penderita skoliosis dengan jumlah subjek sebanyak 35 remaja putri penderita skoliosis. Alat ukur yang digunakan untuk mengukur *body image* remaja putri penderita skoliosis adalah skala *body image* yang dirancang berdasarkan teori dari Thompson, Menzel dan Krawczyk (dalam Smolack & Cash 2011). Pembuatan skala berdasarkan 4 aspek yaitu: global subjektif, afektif, kognitif, dan behavioral. Metode yang digunakan dalam penelitian ini adalah kuantitatif deskriptif. Keseluruhan aitem penelitian berjumlah 60 item. Skala tersebut memiliki reliabilitas sebesar 0,966. Hasil penelitian menunjukkan bahwa nilai mean empirik yang lebih besar daripada nilai mean teoritik (Empirik > Teoritik = 140 >135). Berdasarkan hasil tersebut, disimpulkan bahwa subjek penelitian memiliki *body image* yang tergolong positive.

Kata kunci : *Body image*, remaja putri, penderita skoliosis

**DESCRIPTIVE STUDY: *BODY IMAGE* OF A GIRL WHO SUFFERS  
SKOLIOSIS**

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**ABSTRACT**

*The objective of this study is to describe the body image based on some aspects of a girl who suffers skoliosis with the numbers of participants are 35 a girl who suffers skoliosis. The instrument that is used to measure the body image of a girl who suffers skoliosis is the scale of body image that is designed based on the theory of Thompson, Menzel, and Krawczyk (Smolack & Cash 2011). The scale is made based on 4 aspects, namely: global subjective, affective, cognitive, and behavioral. The method which is used in this study is quantitative descriptive. The numbers of the whole items used in this study are 60 items. The reliability of the scale is 0.966. The research findings shows that the value of the empirical mean is greater than the value of theoretical mean (Empirical > theoretical = 140>135). Based on the result, the writer can conclude that the subjects of this study can be classified of having positive-body image.*

*Key words: Body image, a girl, suffers skoliosis*