

ABSTRAK

PERSEPSI MAHASISWA TERHADAP PERILAKU ASERTIFNYA

(Studi Deskriptif Pada Mahasiswa Program Studi Bimbingan dan Konseling Universitas Sanata Dharma Yogyakarta Angkatan 2014 dan Implikasinya Terhadap Usulan Topik-Topik Bimbingan Pribadi Sosial)

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2016**

Penelitian ini bertujuan untuk memperoleh gambaran persepsi mahasiswa Program Studi Bimbingan dan Konseling Universitas Sanata Dharma angkatan 2014 terhadap perilaku asertifnya. Pertanyaan yang dijawab adalah: (1) Seberapa tinggi kemampuan berperilaku asertif mahasiswa Program Studi Bimbingan dan Konseling Universitas Sanata Dharma Yogyakarta angkatan 2014 menurut persepsinya? dan (2) Manakah item-item kuesioner perilaku asertif yang capaian skornya rendah sebagai dasar penyusunan topik-topik bimbingan pribadi sosial yang implikatif bagi mahasiswa Program Studi Bimbingan dan Konseling Universitas Sanata Dharma Yogyakarta?.

Jenis penelitian ini adalah penelitian deskriptif dengan menggunakan metode survei. Subjek penelitian adalah semua mahasiswa Prodi Bimbingan dan Konseling Universitas Sanata Dharma Yogyakarta angkatan 2014 yang berjumlah 62 orang. Penelitian ini termasuk penelitian populasi. Teknik analisis data dalam penelitian ini adalah kategorisasi persepsi mahasiswa terhadap perilaku asertifnya berdasarkan norma kategorisasi menurut Guilford. Hasil uji reliabilitas menunjukkan reliabilitas sebesar 0.931. Hasil ini termasuk sangat tinggi, sehingga kuesioner ini reliabel atau dapat dipercaya.

Hasil penelitian yang diperoleh adalah sebagai berikut: ada 16 mahasiswa (25,8%) yang kemampuannya berperilaku asertif sangat tinggi, terdapat 38 mahasiswa (61,3%) yang kemampuannya berperilaku asertif tinggi, ada 8 mahasiswa (12,9%) yang kemampuannya berperilaku asertif sedang. Berdasarkan analisis capaian skor butir-butir kuesioner yang menunjukkan bahwa kemampuan berperilaku asertif mahasiswa rendah, peneliti membuat usulan topik-topik Bimbingan Pribadi-Sosial untuk meningkatkan kemampuan berperilaku asertif mahasiswa.

ABSTRACT

THE STUDENTS PERCEPTION TOWARDS THEIR ASSERTIVE BEHAVIOR

(Descriptive Study Students of Guidance and Counseling Program Sanata Dharma University Yogyakarta Batch 2014 and Its Implication towards the Proposed Social Personal Guidance Topics)

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This study aimed to obtain perceptions of Guidance and Counseling Program Sanata Dharma University Students batch 2014 towards their assertive behavior. The questions answered were: (1) How high is the students of Guidance and Counselling University of Sanata Dharma Yogyakarta batch 2014 to behave assertively according to their perception? and (2) the questionnaire items of assertive behavior which the scores achievement are low as a basic for preparing the topics of social personal guidance which is implicative for students of Guidance and Counselling of Sanata Dharma University Yogyakarta?

This research was a descriptive study using survey methods. The research subjects were all of students of Guidance and Counseling Study Program Sanata Dharma University batch 2014 which were 62 people. This research was the population study. The analysis data technique in this research was the categorization of students' perceptions of assertive behavior based on Guilford's norms categorization. Reliability test showed that the reliability result was 0.931. This results was very high, so the questionnaire was reliable or trustworthy.

The research results were: there were 16 students (25.8%) had very high assertive behavior, 38 (61.3%) students had high assertive behavior, 8 students (12.9) showed that their assertive behavior was moderate. Based on the performance analysis of questionnaire scores points that showed the students' assertive behavior skills was low, the researcher proposed Personal-Social Guidance topics to improve the students assertive behavior skills.