

## ABSTRAK

### Hubungan Praktek Industri, Bimbingan Karir, dan Prestasi Belajar dengan Kesiapan Mental Kerja Siswa

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Penelitian ini bertujuan mengetahui apakah terdapat (1) Hubungan praktek industri dengan kesiapan mental kerja siswa.(2) Hubungan bimbingan karir dengan kesiapan mental kerja siswa. (3) Hubungan prestasi belajar dengan kesiapan mental kerja siswa.

Penelitian studi kasus ini dilaksanakan di SMK PUTRA TAMA Jln.Mgr. Alb. Sugiyopranoto No.2 Bantul Yogyakarta pada bulan Maret 2006. Jumlah sampel penelitian ini adalah sebanyak 88 siswa dari populasi sebanyak 94 siswa kelas III. Sedang teknik pengumpulan data yang digunakan adalah kuesioner yang dilengkapi dengan teknik dokumentasi. Teknik analisis data yang digunakan adalah teknik analisis regresi berganda.

Hasil penelitian menunjukkan (1) terdapat hubungan yang positif dan signifikan antara implementasi praktek industri dengan kesiapan mental kerja siswa  $p = 0.004 < \alpha(0.05)$ . (2) terdapat hubungan yang positif tetapi tidak signifikan antara implementasi bimbingan karir dengan kesiapan mental kerja siswa  $p = 0.089 > \alpha(0.05)$ . (3) terdapat hubungan yang positif tetapi tidak signifikan antara implementasi prestasi belajar dengan kesiapan mental kerja siswa  $p = 0.141 > \alpha(0.05)$ . Hasil penelitian menunjukkan nilai  $r = 0.395$  dan  $r^2 = 0,156$ . Hal tersebut menunjukkan bahwa varaiabel kesiapan mental kerja siswa dapat dijelaskan oleh variabel praktek industri, bimbingan karir dan prestasi belajar sebesar 15,6%. Sedangkan sisanya sebesar 84,4% dapat dijelaskan oleh variabel-variabel lain selain variabel praktek industri, bimbingan karir dan prestasi belajar.

## ABSTRACT

### The Influence of Industrial Practice, Carrer Guidance, Learning Achievement Toward Student's Work-Mental Readiness

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This research was aimed to know whether or not there were an influence of( 1) industrial practice toward student's work-mental readiness, (2) career guidance toward student's work-mental readiness, (3) learning achievement toward student's work-mental readiness.

This research was located at "SMK PUTRA TAMA" Jln.Mgr.Alb. Sugiyopranoto No.2 Bantul Yogyakarta in March 2006. It consisted of 88 from 94 thrid grade students on that school. The sample taken techniques used was proportional sampling random. The data collecting techniques used were questionnaire and documentary study. Multiple regression analysis method was used to analyze the obtained data.

The results of this research showed that: (1) there was a positive, significant influence of industrial practice toward student's work-mental readiness  $p = 0.004 < \alpha(0.05)$ . (2) There was a positive, not significant influence of carrer guidance toward student's work-mental readiness  $p = 0.089 > \alpha(0.05)$ . (3) There was a positive, not significant influence of learning achievement toward student's work-mental readiness  $p = 0.141 > \alpha(0.05)$ . The results of this research showed that the value of  $r = 0.395$  and  $r^2 = 0,156$ . It means that the variable of the readiness of student's work-mental could be explained by the variables of industrial practice, career guidance and learning achievement as much as 15,6% . Meanwhile, the rest as much as 84,4% could by explained by other variables.