

**HUBUNGAN PENGUNGKAPAN DIRI TERHADAP KEPUASAN  
HUBUNGAN ROMANTIS PADA DEWASA AWAL**

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**ABSTRAK**

Penelitian ini bertujuan untuk melihat hubungan pengungkapan diri terhadap kepuasan hubungan romantis pada dewasa awal yang berpacaran. Subjek dalam penelitian ini adalah usia dewasa awal yaitu antara 18 hingga 40 tahun yang memiliki hubungan romantis berpacaran dan belum menikah. Alat pengumpul data terdiri dari dua alat ukur, Skala Pengungkapan Diri yang disusun berdasarkan dimensi pengungkapan diri (Devito, 1986) dan *Relationship Assessment Scale* (Hendrick, 1988). Koefisien reliabilitas pada skala pengungkapan diri sebesar  $\alpha = 0,881$ . Sedangkan pada *Relationship Assessment Scale* sebesar  $\alpha = 0,779$ . Dari hasil analisis data penelitian diperoleh koefisien korelasi sebesar 0,275 dengan signifikansi sebesar 0,004. Hal ini menunjukkan bahwa terdapat pengaruh pengungkapan diri terhadap kepuasan hubungan romantis pada dewasa awal yang berpacaran.

Kata kunci: Pengungkapan diri, Kepuasan hubungan romantis

**CORRELATION BETWEEN SELF DISCLOSURE TOWARDS  
SATISFACTION IN ROMANTIC RELATIONSHIP AMONG PEOPLE  
IN EARLY ADOLESCENCE**

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**ABSTRACT**

*The purpose of the study was to examine correlation between self disclosure towards satisfaction in romantic relationship among people in early adolescence whom were dating. Participants of the study were people in early adolescence (18 to 40 years old) whom were in romantic relationship and were not married. Measurement instruments were consisted of two scales: Self Disclosure scale which was developed based on dimensions of self disclosure (Devito, 1986) and Relationship Assessment Scale (Hendrick, 1988). Reliability coefficient or  $\alpha$  of Self Disclosure scale was 0,881 whereas reliability coefficient or  $\alpha$  of Relationship Assessment Scale was 0,779. The result of data analysis showed correlation coefficient of 0,275 and significance level or  $p = 0,004$ . It showed that there was significant correlation between self disclosure and satisfaction in romantic relationship among people in early adolescence whom were dating.*

*Key words:* *Self disclosure, Satisfaction in romantic relationship*