

PSYCHOLOGICAL WELL-BEING
PADA WANITA HINDU BALI YANG MENGALAMI TURUN KASTA
AKIBAT PERKAWINAN

Vita Arisandi

ABSTRAK

Budaya kasta dan patrilineal yang terdapat di Pulau Bali menyebabkan wanita berkasta Hindu Bali mengalami kesulitan untuk menentukan dan mencari pasangan yang sekasta. Tak jarang wanita Hindu Bali yang berkasta harus rela menanggalkan kastanya karena harus menikah dengan lelaki yang berasal dari kasta rendah. Peristiwa turun kasta yang dialami setiap wanita berkasta bukanlah hal yang mudah, dimana akan ada banyak perubahan serta pertentangan-pertentangan dari keluarga maupun lingkungan yang akan berpengaruh pada PWB wanita tersebut. Tujuan penelitian ini adalah untuk mengetahui bagaimana gambaran PWB pada wanita Hindu Bali yang mengalami turun kasta karena pernikahan serta melihat keterkaitan antara PWB dengan narasi masing-masing informan melalui metode kualitatif studi naratif. Peneliti mewawancarai 4 orang wanita Hindu Bali yang mengalami turun kasta karena pernikahan. Hasil penelitian menunjukkan setelah menikah dan turun kasta keempat subjek secara umum memiliki PWB ke arah yang positif. Hasil PWB yang mengarah ke arah positif memiliki Narasi kehidupan yang progresif/optimistik.

Kata kunci: kasta, pwb, wanita bali, hindu

**PSYCHOLOGICAL WELL BEING
ON THE HINDUS BALINESE WOMAN WHO ARE DELEGATED HER CASTE
BECAUSE OF MARRIAGE**

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ABSTRACT

Caste (Culture) and patrilineal system which contained in Bali causing Hindu's Woman in Bali who live with certain caste are having difficulty to determine and find a mate or partner of life who has the same caste with them. Sometimes, Hindu Woman in Bali must willing to abandon their caste due to be married to a man who came from a low caste. Even relegated which experienced from every single woman with caste in Bali not an easy things, there will be many changes and contradictions of the family and the environment that will affect the woman's PWB. The purpose of this research was to determine how the description of PWB Balinese Hindu women who have relegated (caste) due to a wedding and seeing the connection between PWB with each of informant through the qualitative methods of narrative studies. Researchers interviewed four Hindu Balinese women who have relegated because of a wedding. The results showed after marriage and relegated the fourth subject in general has a PWB in a positive direction. PWB results leading to a positive direction has a narrative progressive / optimistic life.

Keywords : caste, PWB, Balinese woman, Hindu