

ABSTRACT

Irianto, Rosa F. T. 2016. *The Use of Reflection to Enhance ELESP Students' Self Awareness in Learning Structure II*. English Language Education Study Program, Departement of Language and Arts Education, Faculty of Teachers Training and Education, Yogyakarta: Sanata Dharma University.

This study analyzed the use of reflection to enhance students' self-awareness in learning Structure II. Reflection is aimed at helping the students to consider events that have occurred in the past and then use that evidence to enhance the learning situation in the future (Gibson, 2012). Reflection allows the students to learn more about students' own selves, so the students can take responsibilities to their learning and engage in the learning process. In this study, the researcher was interested in employing reflection in Structure II course because the students are not accustomed to writing a reflection in courses which have rules like grammar. This can help the students to understand their level in learning Structure II and raise their awareness of improving their learning. As such, in this study, there is one research question to be answered: How did the students' reflections enhance their self-awareness in learning Structure II?

This study employs qualitative research methodology. The researcher used reflection and interview as data gathering techniques to answer the research question. In addition, the data gathered were analyzed by using the analytic five-phase cycle data analysis by Yin (2011) to answer the research question. The participants of this study were three students of the English Language Education Study Program (ELESP), Sanata Dharma University who received a 'D' score in the previous course in academic year 2015/2016.

The findings showed that the reflections could enhance students' self-awareness in learning Structure II. All of the students proved that reflections helped them to raise their awareness of the problems they faced in learning Structure and the importance of problem solving strategies. Moreover, reflections increase students' awareness of their intrinsic motivation to learn structure and reflect their feelings in learning.

Keywords: *Reflection, Self-Awareness, Structure II*

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Penelitian ini meneliti tentang penggunaan refleksi untuk meningkatkan kesadaran diri siswa dalam belajar Structure II. Refleksi bertujuan untuk membantu siswa untuk menilik kembali kejadian di masa lalu dan menjadikannya bukti untuk meingkatkan pembelajaran di masa mendatang (Gibson, 2012). Refleksi membuat siswa belajar tentang dirinya sendiri, maka siswa dapat bertanggungjawab pada pembelajaran mereka dan terlibat di dalam proses belajar. Penelitian ini, peneliti tertarik untuk menggunakan refleksi pada matakuliah Structure II karena siswa tidak terbiasa menggunakan refleksi dalam matakuliah yang menerapkan peraturan seperti tata bahasa. Ini dapat membantu siswa untuk mengerti level mereka dalam memahami Structure II dan meningkatkan kesadaran mereka dalam memperbaiki cara belajar mereka. Seperti dalam penelitian ini, terdapat sebuah rumusan masalah yang akan dijawab yaitu: Bagaimana penggunaan refleksi siswa dapat meningkatkan kesadaran diri mereka dalam mempelajari Structure II.

Penelitian ini menggunakan penelitian kualitatif sebagai metode. Peneliti menggunakan refleksi dan wawancara sebagai teknik pengumpulan data. Lalu, data yang sudah terkumpul dianalisa menggunakan analytic five-phase oleh Yin (2011) untuk menjawab rumusan masalah. Peserta dalam penelitian ini adalah tiga siswa dari Pendidikan Bahasa Inggris, Universitas Sanata Dharma yang mendapat nilai D pada matakuliah prasyarat dari matakuliah Structure II tahun pelajaran 2015/2016.

Hasil penelitian menunjukkan bahwa refleksi dapat meningkatkan kesadaran diri siswa dalam belajar Structure II. Semua siswa menunjukkan bahwa refleksi membantu mereka dlm meningkatkan kesadaran siswa terhadap masalah yang mereka alami dalam mempelajari Structure dan pentingnya strategi penyelesaian masalah. Selain itu, refleksi dapat meningkatkan kesadaran siswa terhadap motivasi intrinsik yang mereka miliki dan merefleksikan perasaan mereka dalam belajar Structure.

Katakunci: *Reflection, Self-Awareness, Structure II*