

ABSTRAK

KECEMASAN DALAM MENGHADAPI PENILAIAN, KEPERCAYAAN DIRI DI SEKOLAH, DAN PERILAKU PROSOSIAL SISWA DITINJAU DARI KEIKUTSERTAAN SISWA DALAM PROGRAM BIMBINGAN BELAJAR

Studi Komparatif pada Siswa SMA Negeri 1 Kalasan Tahun Ajaran 2017/2018

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2018

Penelitian ini bertujuan untuk mengetahui apakah terdapat perbedaan kecemasan dalam menghadapi penilaian, kepercayaan diri di sekolah, dan perilaku prososial siswa ditinjau dari keikutsertaan siswa dalam program bimbingan belajar.

Penelitian ini merupakan penelitian kuantitatif-komparatif yang dilaksanakan pada bulan Februari sampai dengan April 2018. Populasi penelitian adalah seluruh siswa di SMA Negeri 1 Kalasan. Sampel penelitian ini adalah seluruh siswa kelas XII SMA Negeri 1 Kalasan yang berjumlah 214 siswa yang diambil dengan teknik *purposive sampling*. Data dikumpulkan dengan menggunakan kuesioner dan dianalisis dengan uji *Independent Sample T-Test*.

Hasil penelitian ini menunjukkan bahwa: (1) ada perbedaan kecemasan dalam menghadapi penilaian ditinjau dari keikutsertaan siswa dalam program bimbingan belajar ($sig.(2-tailed) = 0,005 < 0,05$); (2) tidak ada perbedaan kepercayaan diri di sekolah ditinjau dari keikutsertaan siswa dalam program bimbingan belajar ($sig.(2-tailed) = 0,113 > 0,05$); (3) tidak ada perbedaan perilaku prososial siswa ditinjau dari keikutsertaan siswa dalam program bimbingan belajar ($sig. (2-tailed) = 0,456 > 0,05$).

Kata kunci: Kecemasan, penilaian, kepercayaan diri, perilaku prososial, program bimbingan belajar.

ABSTRACT

ANXIETY IN CONFRONTING ASSESSMENT, SELF CONFIDENCE IN SCHOOL, AND PROSOCIAL STUDENT BEHAVIOR PERCEIVED FROM STUDENT PARTICIPATION IN LEARNING GUIDANCE COURSE PROGRAM

A Comparative Study in SMA Negeri 1 Kalasan, Learning 2017/2018 Academic Year

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This research aims to find out whether there are differences of anxiety in confronting assessment, self-confidence in school, and students' prosocial behavior perceived from the participation of students in learning guidance course program.

This research is a quantitative-comparative research which was carried out from February until April 2018. The population of this research were all students of SMA Negeri 1 Kalasan. The samples of this research were 214 students of the twelfth grade of SMA Negeri 1 Kalasan. The technique of taking samples was purposive sampling. Data were collected by using questionnaires and analyzed by Independent Sample T-Test.

The result of this research shows: (1) there is difference of anxiety in confronting assessment perceived from the participation of students in the learning guidance course program (sig. (2-tailed) = 0,005 < 0,05); (2) there is no difference of self-confidence in school perceived from the participation of students in the learning guidance course program (sig. (2-tailed) = 0,113 > 0,05); (3) there is no difference of students' prosocial behavior perceived from the participation of students in the learning guidance course program (sig. (2-tailed) = 0,456 > 0,05).

Keywords: *anxiety, assessment, self-confidence, prosocial behavior, and learning guidance course program*