

ABSTRAK

**PERSEPSI SISWA TENTANG KEMAMPUAN MANAJEMEN WAKTU
BELAJAR
(Studi Deskriptif Pada Siswa Kelas VIII SMP Pangudi Luhur 1 Yogyakarta
Tahun Ajaran 2012/2013 dan Implikasinya Terhadap Penyusunan Topik-
Topik Bimbingan Belajar)**

Priscilla Van Rossum, 2013

Tujuan penelitian ini adalah untuk mengetahui : (1) seberapa tinggi persepsi siswa kelas VIII SMP Pangudi Luhur I Yogyakarta Tahun Ajaran 2012/2013 tentang kemampuan manajemen waktu belajar, (2) butir-butir instrumen kemampuan manajemen waktu belajar yang terindikasi rendah, guna pengusulan topik-topik bimbingan yang pada siswa SMP Pangudi Luhur I Yogyakarta 2012/2013.

Instrumen penelitian yang dipakai adalah Skala Persepsi Kemampuan Manajemen Waktu Belajar dengan jumlah item 50. Validitas instrumen diperiksa dengan pendekatan pertimbangan pakar dan dilanjutkan dengan analisis korelasi *Pearson Product Moment* guna pemeriksaan konsistensi internal item. Reliabilitas instrumen diperiksa dengan menggunakan pendekatan teknik belah dua gasal-genap (*split-half*). Dengan teknik *Pearson Product Moment*, dan hasilnya dikoreksi dengan formula *Spearman-Brown*. Hasil perhitungan reliabilitas 0,798, kemudian dikonsultasikan ke kriteria Guilford dan disimpulkan masuk dalam kategori tinggi. Subyek penelitian adalah para siswa kelas VIII SMP Pangudi Luhur 1 Yogyakarta Tahun Ajaran 2012/2013 sebanyak 152 siswa yang terdiri dari empat kelas yaitu kelas VIII A, VIII B, VIII E, VIII F.

Hasil penelitian adalah (1) persepsi siswa kelas VIII SMP Pangudi Luhur 1 Yogyakarta Tahun Ajaran 2012/2013 terhadap kemampuan manajemen waktu belajar menunjukkan sebagian siswa memiliki persepsi yang positif (48,68%) tentang kemampuan manajemen waktu belajar dan sebagian lagi negatif (51,31%). (2) terdapat tujuh butir butir item instrumen kemampuan manajemen waktu belajar yang terindikasi rendah, dari tujuh item tersebut disusun topik-topik bimbingan belajar yang implikatif yaitu: Daftar Sukses Saya, Berfikir Tentang Hasil, Menciptakan Visi Bagi Diri Sendiri, Prioritasku, Peta Konsep, Temukan AGB “Apa Gunanya Bagiku?”, BUTAKACAU “Bu-Buang, Ta-Tambahkan, Ka-Kurangi, C-Cari alternatif lain, A-Adaptasikan, U-Urutkan kembali”.

ABSTRACT

**STUDENTS' PERCEPTIONS ABOUT TIME MANAGEMENT ABILITY
IN STUDYING
(A Descriptive Study on the Eighth Grade Students at *SMP Pangudi Luhur I*
Yogyakarta in 2012/2013 Academic Year and its Implications for the
Suggested Topics of Studying Guidance)**

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There are two objectives of this study. **First**, it is to know the level of students' perception on time management ability in studying of the eighth grade students at *SMP Pangudi Luhur I* Yogyakarta in 2012/2013 academic year. **Second**, it is to find the instrument points in time management ability in learning which are indicated low in order to suggest the topics of studying guidance for the eighth grade students at *SMP Pangudi Luhur I* Yogyakarta in 2012/2013 academic year. The research instrument used is perception scale of students' ability to manage time in studying which consists of 50 items. The validity of the instrument is verified by expert judgment approach and continued with Pearson product moment correlation analysis in order to check the internal consistency of the items. The reliability of the instrument was examined by using two split technique approaches of odd-even (split-half). After using Pearson product moment technique, the results are corrected by Spearman-Brown formula. The reliability calculation result of 0.798 is then consulted to Guilford criteria and is concluded in high category. The subject in this study is the eighth grade students at *SMP Pangudi Luhur I* Yogyakarta in 2012/2013 academic year which consists of 152 students from four classes, namely class VIII A, VIII B, VIII E, VII F.

The results show that: **First**, the perception of the eighth grade students at *SMP Pangudi Luhur I* Yogyakarta in 2012/2013 academic year towards time management ability in studying indicates that some students have positive perceptions (48.68%) towards time management ability in studying and some others have negative perception (51, 31%). **Second**, There were seven items of instrument on time managemnet skills of learning that indicated low, the topics of implied learning guidance are composed based on those items, namely: *The List of My Success, Thinking About Results, Creating a Vision For Yourself, My priority, Concept Map, Find AGB "Apa Gunanya Bagiku?", BUTAKACAU " Bu-Buang, Ta-Tambahkan, Ka-Kurangi, C-Cari alternatif lain, A-Adaptasikan, U-Urutkan kembali"*.